Corneal Hysteresis and Visual Field Asymmetry in Open Angle Glaucoma

Aashish Anand,¹ Carlos Gustavo V. De Moraes,¹,² Christopher C. Teng,¹,²,₅ Celso Tello,¹,₃ Jeffrey M. Liebmann,¹,² and Robert Ritch¹,₅

PURPOSE. To investigate the association between corneal biomechanical parameters and asymmetric primary open angle glaucoma (POAG) using the Ocular Response Analyzer (ORA).

METHODS. In a prospective cross-sectional study, ORA parameters were measured in 117 POAG patients with asymmetric visual fields (VF). The asymmetry in VF was defined as a five-point difference between the eyes using the Advanced Glaucoma Intervention Study (AGIS) scoring system. Subjects with previous intraocular or refractive surgery, ocular comorbidities and diabetes were excluded.

RESULTS. In worse eyes, mean AGIS scores were significantly higher (8.1 ± 4.3 vs. 1.0 ± 1.6; P < 0.001) and mean corneal hysteresis (CH) was significantly lower (8.2 ± 1.9 vs. 8.9 ± 1.9 mm Hg; P < 0.001). Median ORA-corrected intraocular pressure was higher in the worse eyes (IOPcc, 17.4 mm Hg vs. 16.9 mm Hg; P < 0.001). Worse eyes had a slightly lower mean corneal resistance factor (P = 0.04) and more myopic mean spherical equivalent (P = 0.02). No difference was seen in the central corneal thickness (CCT; P = 0.63) and Goldmann applanation tonometry (GAT; P = 0.32). On multivariate analysis, only CH retained an association with the worse eye (odds ratio, 25.9; 95% confidence interval, 10.1–66.5). ROC curves showed that only CH and IOPcc had a discriminative ability for the eye with worse VF (AUC, 0.82 and 0.70, respectively).

CONCLUSIONS. Asymmetric POAG was associated with asymmetry in ORA parameters but not in CCT and GAT. Lower CH was associated with worse eyes independently of its effect on IOP measurement and had the best discriminability for the eye with the worse VF. (Invest Ophthalmol Vis Sci. 2010;51:6514–6518) DOI:10.1167/iovs.10-5580

Patients with primary open angle glaucoma (POAG) often have asymmetric visual field (VF) damage or field loss limited to one eye. The percentage of normal tension (NTG) and high tension glaucoma (HTG) patients with unilateral VF loss has been estimated to be approximately 25% to 35%. Although some studies have found a higher frequency of unilateral VF loss in NTG compared with HTG on kinetic perimetry, others have found no differences on automated static perimetry.¹⁻²

Mechanisms both dependent on and in addition to intraocular pressure (IOP) have been implicated in attempts to explain this asymmetry. Although some studies have found an association between asymmetric IOP and asymmetric VF,¹⁻³,⁴ a randomized controlled trial found no relationship between mean, peak, trough, and peak minus trough IOP with VF asymmetry in NTG patients.³ More recently, postural asymmetry in IOP and asymmetric IOP responses to the water drinking test have been associated with asymmetric VF loss.⁶⁻⁷ Asymmetric central corneal thickness (CCT) was associated with asymmetric POAG in a retrospective study.⁸ In a later study by the same group, however, asymmetric POAG was associated with asymmetric dynamic contour tonometry (DCT) but not Goldmann applanation tonometry (GAT) or CCT.³ The evidence suggesting asymmetry in retrobulbar and internal carotid artery blood flow velocities in OAG patients with asymmetric VF is conflicting.¹⁰⁻¹³

The Ocular Response Analyzer (ORA; Reichert, Inc., Depew, NY) measures two corneal biomechanical parameters—corneal hysteresis (CH) and corneal resistance factor (CRF)—and provides a measure of IOP that is corrected for these parameters. CH represents “viscous damping” in the corneal tissue.¹⁴⁻¹⁵ Glaucoma patients have been reported to have lower than normal CH, and lower hysteresis has been associated with VF progression.¹⁴⁻¹⁶⁻¹⁸

In this study, we compared CH, CRF, and corneal compensated IOP (IOPcc) between paired eyes in asymmetric POAG. Our purpose was to evaluate the association of ORA parameters with the worse eye in asymmetric POAG compared with other glaucoma risk determinants.

SUBJECTS AND METHODS

Subject Selection

In a prospective cross-sectional study, patients seeking treatment at a glaucoma practice over a 3-month period were screened to identify those with open angles and unilateral or asymmetric VF defects. Exclusion criteria were secondary glaucoma, unreliable VF, previous intraocular surgery, and conditions with known or anticipated effect on ORA measurement, including diabetes mellitus, kerato refractive surgery, rigid contact lens use, and corneal scarring. Laser trabeculoplasty was not an exclusion criterion as long as it was performed in both eyes within 6 months of each other and no laser procedure was performed in the preceding 3 months (n = 15). In compliance with the Declaration of Helsinki, the study was approved by the Institutional Review Board of the New York Eye and Ear Infirmary.

From the ¹Einhorn Clinical Research Center, New York Eye and Ear Infirmary, New York, New York; ²Department of Ophthalmology, New York University School of Medicine, New York, New York; and the ³Department of Ophthalmology, New York Medical College, Valhalla, New York.


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Corresponding author: Carlos Gustavo V. De Moraes, Research Assistant Professor, New York Eye and Ear Infirmary, 510 East 11th Street, New York, NY 10003; gustavonyee@gmail.com.

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Visual Fields

VF testing was performed with a static, automated, achromatic perimetry (24–2 test pattern, Mk II, model 750; Carl Zeiss Meditec, Inc., Dublin, CA) using the SITA-standard program. Each VF was scored using the Advanced Glaucoma Intervention Study (AGIS) II numeric scoring system, which generates a numerical score of 0 to 20, where 0 equates to no VF loss, 1 to 5 to mild loss, 6 to 11 to moderate loss, 12 to 17 to severe loss, and 18 to 20 to end-stage VF loss. For this study, unilateral VF loss was defined as an AGIS score of 0 in the better eye and an interocular score asymmetry of 5 or greater. Asymmetric VF loss was defined as AGIS score of 5 or less in the better eye and an interocular score asymmetry of 5 or greater.

Measurement of ORA Parameters

Corneal biomechanical properties were measured using the ORA. Details of the technology have been previously described. The observer was masked to the asymmetry in visual fields. Three good quality measurements were taken, and the best waveform reading as selected by the computer software was used to eliminate selection bias. A good quality reading was defined as one with a symmetrical height of force-in and force-out waveform peaks and a waveform score (WS) of >5 in a software-generated scale of 0 to 10. All readings were taken between 8:00 AM and 3:00 PM.

Clinical Data

Demographic details and clinical data, including diagnosis, duration of follow-up, GAT, CCT, ocular medications, refractive error, and global indices from the qualifying VF, were extracted from the electronic medical records. The CCT for each eye was obtained by averaging three ultrasonic pachymetry (DGH-550 Pachette 2; DGH Technology, Exton, PA) readings within 5 μm of each other.

Statistical Analysis

Asymmetry ≥0.5 mm Hg in CH, ≥1 mm Hg in IOP, and ≥10 μm in CCT between the worse and better eye was defined as clinically significant. A sample size of more than 110 patients was calculated to have a statistical power of 90% for detecting asymmetry in CH and a power of 80% for detecting asymmetric IOP and CCT, controlling the probability of a type 1 error at 0.05.

Data were analyzed using statistical software (SPSS version 11; SPSS Inc., Chicago, IL). Categorical data were compared using χ² tests. Continuous variables were tested for normal distribution. Variables with normal distribution are presented as mean ± SD and were compared using Student’s paired t-test. Variables with skewed distribution are presented as median with interquartile range (IR) and were compared using Wilcoxon signed-rank tests. Univariate and multivariate odds ratios were calculated for ORA parameters and other glaucoma risk factors. Pearson correlation coefficients were used to determine correlation of various parameters with the AGIS scores. Receiver operating characteristic (ROC) curves were plotted for ORA and other glaucoma risk factors. Area under the curve (AUC) for each parameter was compared to determine the best predictor for the worse eye in POAG with asymmetric VF. A two-tailed P < 0.05 was considered statistically significant for all analyses.

RESULTS

We enrolled 117 patients (median age, 62.0 years; IR, 52.5–72.0 years) with asymmetric POAG. There were 66 (56.4%) men and 51 (43.6%) women. There were 74 (63.2%) Caucasian, 12 (10.3%) African American, 20 (17.1%) Asian, and 11 (9.4%) Hispanic subjects. Based on the study definitions, 72 (61.5%) patients had unilateral VF defects, whereas 45 (38.5%) had asymmetric VF defects. Mean follow-up of the study patients since their initial consultation was 4.4 ± 4.1 years (range, 5 months to 20 years).

Although CH and CCT were normally distributed, the IOP data (both GAT and IOPcc) showed a skewed distribution in the study population (Fig. 1). Clinical and corneal biomechanical parameters in the worse and better eyes of study patients are compared in Table 1. Visual fields in the paired eyes were
### Table 1. Interoocular Comparison of Clinical Data in Patients with Asymmetric POAG

<table>
<thead>
<tr>
<th></th>
<th>Worse Eye</th>
<th>Better Eye</th>
<th>P</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Visual Fields</strong></td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Global indices, dB</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>MD</td>
<td>$-11.2 \pm 6.4$</td>
<td>$-2.1 \pm 2.5$</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>PSD</td>
<td>$9.6 \pm 3.2$</td>
<td>$5.2 \pm 2.3$</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>AGIS II numeric scoring</td>
<td></td>
<td></td>
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</tr>
<tr>
<td>VF scores</td>
<td>$8.1 \pm 4.3$</td>
<td>$1.0 \pm 1.6$</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td><strong>Clinical Data</strong></td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Left eyes, n (%)</td>
<td>$64 (54.7)$</td>
<td>$53 (45.3)$</td>
<td>0.2</td>
</tr>
<tr>
<td>CCT, μm</td>
<td>$531.8 \pm 34.7$</td>
<td>$532.3 \pm 34.9$</td>
<td>0.6</td>
</tr>
<tr>
<td>SE, diopters</td>
<td>$-2.6 \pm 3.7$</td>
<td>$-2.4 \pm 3.8$</td>
<td>0.02</td>
</tr>
<tr>
<td>GAT, mm Hg$^*$</td>
<td>$14 (12-17)$</td>
<td>$14 (12-16)$</td>
<td>0.3</td>
</tr>
<tr>
<td>Drops</td>
<td>$2.2 \pm 0.9$</td>
<td>$2.1 \pm 2.6$</td>
<td>0.9</td>
</tr>
<tr>
<td><strong>ORA Metrics</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>CH, mm Hg</td>
<td>$8.2 \pm 1.9$</td>
<td>$8.9 \pm 1.9$</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>CRF, mm Hg</td>
<td>$8.6 \pm 2.0$</td>
<td>$8.8 \pm 2.1$</td>
<td>0.04</td>
</tr>
<tr>
<td>IOPcc, mm Hg$^*$</td>
<td>$17.4 (15.2-20.5)$</td>
<td>$16.9 (14.4-19.3)$</td>
<td>&lt;0.001</td>
</tr>
</tbody>
</table>

Data are presented as the mean ± SD unless otherwise noted. MD, mean deviation; PSD, pattern standard deviation; AGIS, AGIS numeric scoring for visual field.

*IOR data have skewed distributions and are presented as the median (IR).

### DISCUSSION

Mean corneal hysteresis has been estimated to be between 9.6 mm Hg$^{14}$ and 12.2 mm Hg$^{23}$ in a normal population. Lower

**Figure 2.** Scatter plot showing correlations between CH, CRF, and ORA parameters, and other glaucoma risk determinants for worse eye in asymmetric OAG. $M_v$ multivariate odds ratio (presented for variables found significant on univariate analysis).

**Figure 3.** Scatter plot showing correlations between CH, CRF, and ORA parameters, and other glaucoma risk determinants for worse eye in asymmetric OAG. $M_v$ multivariate odds ratio (presented for variables found significant on univariate analysis).

CH showed the strongest, albeit a weak, correlation with the AGIS scores. There was no correlation between AGIS scores and GAT ($r = 1.0; P = 0.7$), CCT ($r = -0.08; P = 0.2$), and SE ($r = 0.03; P = 0.6$). The difference in AGIS scores between the paired eyes (ΔAGIS score) did not correlate with the difference in CH (ΔCH; $r = -0.038; P = 0.69$), CRF (ΔCRF; $r = 0.002; P = 0.98$), and IOPcc (ΔIOPcc; $r = 0.003; P = 0.97$) between the eyes.

ROC curves of ORA parameters and other glaucoma risk factors for the worse eye in asymmetric POAG are shown in Figure $4. CH$ (AUC, 0.82; $P < 0.001$) and $IOPcc$ (AUC, 0.70; $P < 0.001$) were the only parameters with significant discriminative ability for the worse eye in asymmetric POAG. GAT and CCT asymmetry had poor discriminative ability for the worse eye (AUC, 0.52; $P = 0.5$; AUC, 0.48; $P = 0.6$, respectively).

Although not statistically significant, the left eye was more frequently the worse eye (left eye, 55% worse eye vs. 45% better eye; $P = 0.2$). However, no significant difference was seen in the mean CH of the right and left eyes (mean CH, 8.5 ± 1.9 vs. 8.6 ± 1.9 mm Hg; $P = 0.9$). Worse eyes were mildly but significantly more myopic than the better eyes (mean spherical equivalent [SE], −2.6 ± 3.7 diopters vs. −2.4 ± 3.8 diopters; $P = 0.02$). There was no asymmetry in the mean CCT between the worse and better eyes (mean CCT, 531.8 ± 34.7 μm vs. 532.3 ± 34.9 μm; $P = 0.6$).

On univariate analysis, worse eyes had higher odds of lower CH (odds ratio [OR], 16.7; 95% confidence interval [CI], 8.8–31.8), lower CRF (OR, 1.9; 95% CI, 1.1–3.2), and higher $IOPcc$ (OR, 3.2; 95% CI, 1.1–9.3). However, odds were similar for higher GAT (OR, 0.9; 95% CI, 0.5–1.3), lower CCT (OR, 1.0; 95% CI, 0.6–1.8), and more myopic SE (OR, 1.4; 95% CI, 0.8–2.4). On multivariate analysis using the three ORA parameters as covariates, worse eyes were only associated with a lower CH (OR, 25.9; 95% CI, 10.1–66.5; Fig. 2).

AGIS visual field scores correlated negatively with CH ($r = -0.29; P = 0.01$) and CRF ($r = -0.18; P = 0.05$) and positively with $IOPcc$ ($r = 0.16; P = 0.05$). Among all ORA parameters,
The strong association between lower CH and worse eyes does not necessarily establish a cause-and-effect relationship between hysteresis and extent of ON damage. In our study, CH had a weak negative correlation with AGIS scores, whereas ΔCH (CH in worse eye − CH in better eye) showed no correlation with ΔAGIS scores. It is possible that an association between lower CH and worse VF does not represent an inherent structural weakness of the eye but results from a simultaneous and independent change in the viscoelastic properties of the cornea and ONH complex by mechanical and nonmechanical glaucomatous processes. In such a case, asymmetric glaucomatous processes would lead to lower CH and worse VF in the more affected eye.

Kutchey et al. reported increased aqueous levels of angiopoietin-like 7 (ANGPTL7) protein by overexpression in the corneal stroma, sclera, and cribiform plates of lamina cribrosa in glaucomatous eyes. ANGPTL7 has been shown to increase the expression of proteoglycans and collagens types 1 and 5, and it is suspected that their increased expression can contribute to the pathogenesis of glaucoma by inducing collagen changes. Partial recovery of CH after successful IOP-lowering therapy in patients with unilateral chronic primary angle-closure glaucoma appears to support the hypothesis that corneal biomechanical properties are altered during glaucoma development. This hypothesis can also explain the inconsistency that though lower CH is associated worse visual fields, higher CH has been associated with increased compliance of the ONH. It is possible that the cornea and ONH may not respond identically to mechanical or nonmechanical stress.

Although animal studies have shown that ONH compliance decreases after an initial period of hypercompliance in experimental glaucoma, little is known about the long-term change in corneal compliance in glaucoma. Even though hysteresis was affected by individual components of elasticity, viscosity, and maximum stress in a mechanical model, it remains to be determined whether raw values of corneal hysteresis can be compared with viscoelasticity/compliance of ONH measured using other methods. Despite a lack of clarity on the exact role of CH, it has the best discriminative index for worse eye in asymmetric OAG.

Our study sample had adequate power to bring out clinically significant asymmetry in CCT in asymmetric POAG. Despite CCT being an independent risk factor in VF progression, our patients with asymmetric VF had similar mean CCT in both eyes. CCT measurements are highly symmetric in paired eyes in more than 93% of patients. Our results agree with an earlier finding of similar CCT in OAG patients with congruent asymmetry in VF and DAT-IOP. In our series, though the mean SE in worse eyes was mildly but significantly more myopic, worse eyes did not have an increased likelihood of greater myopia. Myopia has been associated with both glaucoma and low corneal hysteresis. Our results suggest that the association of myopia with the worse eye in asymmetric POAG may be confounded by its influence on the corneal viscoelastic properties. Some studies have found that left eyes have worse VF and mildly, but significantly, more myopic, worse eyes did not have an increased likelihood of greater myopia. Myopia has been associated with both glaucoma and low corneal hysteresis. In our series, though the mean SE in worse eyes was mildly but significantly more myopic, worse eyes did not have an increased likelihood of greater myopia. Myopia has been associated with both glaucoma and low corneal hysteresis. In our series, though the mean SE in worse eyes was mildly but significantly more myopic, worse eyes did not have an increased likelihood of greater myopia. Myopia has been associated with both glaucoma and low corneal hysteresis. In our series, though the mean SE in worse eyes was mildly but significantly more myopic, worse eyes did not have an increased likelihood of greater myopia.

In conclusion, asymmetric POAG is associated with asymmetric ORA parameters and corneal corrected IOP. Of these, CH has an independent association and the best discriminative index for the worse eye. However, this study was designed to evaluate association but not to establish causality between low CH and worse VF in asymmetric POAG. A cohort study with longer follow-up is required.
References


