Longitudinal and Simultaneous Imaging of Retinal Ganglion Cells and Inner Retinal Layers in a Mouse Model of Glaucoma Induced by N-Methyl-d-Aspartate

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PURPOSE. To investigate the longitudinal profile of N-methyl-d-aspartate (NMDA) injection–induced damage in retinal ganglion cells (RGCs) by imaging retinal Thy 1-cyan fluorescent protein (CFP) expression and inner retinal layers using a custom-made imaging device containing short-wavelength confocal scanning laser ophthalmoscope (scSLO) and speckle noise–reduced spectral-domain optical coherence tomography (SD-OCT).

METHODS. Simultaneous scSLO and SD-OCT examinations were performed in Thy 1-CFP mice injected with NMDA (1–20 nanomoles). CFP-expressing RGCs were counted using scSLO images. Ganglion cell complex (GCC; retinal nerve fiber layer, ganglion cell layer, and inner plexiform layer) thickness around the optic disc was measured in SD-OCT images.

RESULTS. The RGCs rapidly decreased 1 day after NMDA injection in a dose-dependent manner (65.3%, 71.7%, 49.5%, and 27.1% of the preinjection level, 2, 5, 10, and 20 nanomoles, respectively) and continued to decrease slightly (to 53.7%, 44.1%, 28.3%, and 20.2% of the preinjection level on days 14, 2, 5, 10, and 20 nanomoles, respectively). In contrast, dose-dependent reduction of GCC thickness was first detected 4 days after injection. The thickness further decreased to 84.6%, 75.5%, 76.5%, and 71.4% of the preinjection level on day 14 (2, 5, 10, and 20 nanomoles, respectively).

CONCLUSIONS. NMDA-induced RGC damage is characterized by rapid RGCs loss followed by gradual reduction in GCC thickness. Simultaneous imaging of CFP expression in the RGCs and inner retinal layers provides a sensitive, reliable, and new method for longitudinal evaluation of progressive RGC damage in experimental models of glaucoma. (Invest Ophthalmol Vis Sci. 2011;52:8754–8762) DOI:10.1167/iovs.10-6654

Glaucoma, the second leading cause of vision loss in the world,1 is caused by progressive retinal ganglion cell (RGC) loss due to damage to the RGC axon within the optic nerve head2 and damage to the soma of the RGC. Currently, several noninvasive methods for in vivo experimental assessment of progressive RGC loss have been performed, using high-end optical imaging technologies including optical coherence tomography (OCT) and confocal scanning laser ophthalmoscopy (cSLO), which provide a unique opportunity to study RGC injury longitudinally without euthanizing animals at multiple time points.3–12

OCT is an interferometric imaging technology and enables high-resolution, cross-sectional imaging of fundus structures in vivo. It has been clinically used in glaucoma patients to help diagnosis of the disease or to monitor disease progression. For example, circumpapillary retinal nerve fiber layer (cP-RNFL) thickness or macular ganglion cell complex (GCC) thickness, which includes the RNFL, ganglion cell layer (GCL), and inner plexiform layer (IPL) has been shown to be useful and reliable to diagnose or to assess the disease. In experimental glaucoma models, OCT also allows investigators to monitor changes in the thickness of the whole retina and the retinal nerve fiber layer (RNFL) in rodents.5,10–12 In contrast with originally developed time-domain OCT (TD-OCT), recently developed spectral-domain OCT (SD-OCT) technology improves visualization of the individual retinal layers, such as GCL and IPL, by speckle noise reduction, which is the most influential artificial noise that blurs the boundaries of the retinal layers.13 Especially, SD-OCT with a three-dimensional eye-tracking system enables obtaining multiple B-scans at an identical location of interest. Exact averaging of B-scans results in a sufficient reduction in speckle noise to greatly improve visualization of RGC-related inner retinal layer boundaries.12 The technique would enable more reliable assessment of the decreasing thickness of the individual inner retinal layers and RGC-related complex as RGC injuries progress in glaucoma patients15–18 and in rodents models of glaucoma.12

On the other hand, cSLO enables investigators to directly monitor individual RGCs that are labeled genetically6,7,9 or by retrograde labeling8 and apoptotic RGCs that are labeled fluorescently with annexin 5 (DAPI).3 Because RGC imaging at the cellular level is not feasible in living human eyes, the RGC imaging methods using cSLO in experimental animals provide unique advantages for investigating the pathogenesis of RGC death. Moreover, counting the number of RGCs on cSLO images of identical eyes at multiple time points facilitates assessment of the neuroprotective effects of drugs or chemicals on RGCs in vivo. The thickness of the inner retinal layer and the number of RGCs are associated with RGC damage in the same
experimental setting using identical animals. However, no previous studies have monitored these two distinct but mutually related parameters simultaneously.

To reveal the relationship between RGC damage at the cellular level and retinal thickness related to the RGCs, we developed a custom-made imaging system for animals based on a commercial system (Spectralis HRA+OCT; Heidelberg Engineering, Heidelberg, Germany). The combined system contains a cSLO, a custom-made short-wavelength confocal scanning laser ophthalmoscope (scSLO), and an SD-OCT system with an eye-tracking function. In addition to a laser for detecting fluorescein protein (488 nm), the instrument includes a laser with a short wavelength (445 nm) that is optimized for detecting cyan fluorescent protein (CFP; major excitation peak, 433 nm; major emission peak, 475 nm).19 This approach enables detection of individual RGCs in Thy 1-CFP transgenic mice,20 in which CFP expression is controlled by the Thy 1 promoter. Thy 1 is a cell-surface glycoprotein expressed by projection neurons in many parts of the nervous system21; in the retina, it is most exclusively expressed in RGCs.22

N-methyl-D-aspartate (NMDA)-induced excitotoxicity is a well-known model to induce RGC injury.23 In the retina, RGCs and a subset of cells in the inner nuclear layer (INL) express subunits of NMDA receptor. RGCs are exquisitely sensitive to the effects of glutamate and the glutamate analog NMDA, which causes dose-dependent loss of RGCs.23-24 NMDA-induced excitotoxicity, as well as neurotrophin deprivation induced by optic nerve crush or transection, has been implicated in the pathogenesis of glaucoma and widely used as a glaucoma model.25,26

The purpose of this study was to determine the feasibility of longitudinal monitoring of RGC damage, on both individual cell imaging and measurement of the thickness of inner retinal layers using combined scSLO and speckle noise-reduced SD-OCT. Using intravitreal NMDA injection to induce RGC injury, we assessed the profile of progressive RGC degeneration from the dual aspects of the number of CFP-expressing RGCs and the thickness of the ganglion cell complex (GCC), which includes RNFL, RGC, and IPL in Thy 1-CFP transgenic mice.

Methods

Combined Imaging System of scSLO and Speckle Noise–Reduced SD-OCT with an Eye-Tracking Function

An imaging system that combines scSLO and speckle noise-reduced SD-OCT with an eye-tracking function was customized (based on a Spectralis HRA+OCT) to modify the SLO system to an optimal wavelength of light source for CFP imaging (termed the Multiline OCT system) by Heidelberg Engineering (Heidelberg, Germany). This system includes a short-wavelength (445 nm) diode laser and a barrier filter with a 488-nm cutoff to visualize the CFP protein. The scan rate of the scSLO is 12 frames per second, with a digital resolution of 512 × 512 pixels in each frame. The OCT system uses an 870-nm superluminescent diode as a light source. The scan rate of the SD-OCT is 47,000 A-scans per second, with an axial resolution of ~7 μm. The simultaneous SLO and SD-OCT imaging of the retina enables real-time three-dimensional tracking of eye movements, which allows precise real-time averaging of multiple SLO and B-scan images acquired at each identical location of interest on the retina to reduce speckle noise.14

Experimental Animals

All studies were conducted in compliance with the ARVO Statement for the Use of Animals in Ophthalmic and Vision Research. Transgenic mice, B6.Cg-Tg (Thy 1-CFP) 23Jrs/J, in which CFP is expressed under the Thy 1 promoter were obtained from the Jackson Laboratory (Bar Harbor, ME). Genotyping was performed with the PCR method, as instructed. The environment was maintained in 12-hour light–dark cycle. All the mice were fed ad libitum. Male mice (age, 8–10 weeks; weight, 25–30 g) were used in the experiments. Before image acquisition or intravitreal injection, the mice were anesthetized by an intraperitoneal injection of pentobarbital (50 mg/kg body weight). Pupils were dilated to approximately 2 mm in diameter with tropicamide and phentolamine (0.5% each) eye drops.

Mouse Acute RGC Injury Model Mediated by NMDA

NMDA (20 nanomoles/2 μL [n = 15], 10 nanomoles/2 μL [n = 15], 5 nanomoles/2 μL [n = 10], 2 nanomoles/2 μL [n = 10], and 1 nanomoles/2 μL [n = 6]) was injected into the vitreous of the eyes of Thy 1-CFP mice using a 33-gauge needle (Ito Corporation, Shizuoka, Japan). Control mice (n = 15) were injected with the same volume of phosphate-buffered saline (PBS).

Image Acquisition

scSLO and SD-OCT examinations were performed simultaneously at 1, 2, 4, 7, and 14 days after the injection. For fundus imaging, PMMA contact lenses optimal for mice (Heidelberg Engineering) were placed on the corneas. Use of the lenses prevents anesthesia-induced cataract progression. A 25-D adaptor lens was placed on the objective lens of the Multiline OCT to focus on the mouse retina. For imaging of the inner retinal layers on SD-OCT using the speckle noise-reduction method, six radial B-scans through the optic disc and a circular scan around the optic disc were performed. In this study, the maximum number of B-scans set by the manufacturer (100 for line scans and 16 for circular scans) were used for averaging. For RGC imaging on scSLO, we averaged 30 scSLO images per scan area.

Manual Measurement of GCC Thickness

The software used for drawing boundary lines was based on the built-in Spectralis HRA+OCT and provided by Heidelberg Engineering software to facilitate manual assessment of the B-scan images. This custom-made software allows various boundary lines to be drawn in each B-scan image. The software calculates the distance between the two manually drawn boundary lines for each layer of interest to yield a thickness value at each location. A boundary line was automatically placed along the border of the internal limiting membrane (ILM) and the vitreous, and another boundary line was manually placed between the inner plexiform layer ( IPL) and INL in a masked fashion. The distance of these two lines was calculated as the GCC thickness.

With the optimal PMMA contact lens placed on the mouse cornea, the total focal length was 2.00 mm (in air). All lateral dimensions shown by the system software were originally scaled for a human eye, with a focal length of 16.447 mm (in air). This value was obtained using a modified Gullstrand eye and a gradient index lens provided by Heidelberg Engineering (Zinser G, personal communication, 2010). Therefore, to convert the lateral dimensions to those of the mouse eye, we multiplied the values (in millimeters) of the Spectralis by a factor of 2.00/16.447 = 0.122. In mouse eyes, the diameter of the circular scan with 12° (~3 mm in human eyes) was calculated as 0.420 mm, and the length of the 15° line scan was 0.530 mm.

For GCC measurement along the radial scans, the mean GCC thickness (between 56–224 μm apart from the optic nerve head) along each scan was calculated by the software, and the mean GCC thickness of the six radial scans were averaged. The mean GCC thickness of a circular scan was also calculated by the software.

To assess the intradelineator and interdelineator reliability of the manual measurement of GCC thickness, two delineators (NN and AH) at the Kyoto University OCT Reading Center, who were masked to all experimental information drew the boundary lines for the measurement of GCC thickness on the circular SD-OCT scans. The boundary lines were drawn independently by the two delineators and redrawn on another day by one delineator (AH), as described previously.27

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**Counting of RGCs**

CFP-positive RGCs were manually counted within four 510-μm squares at a distance of 830 μm from the center of the optic nerve head on the scSLO images in a masked fashion. We selected the best images and determined the best areas in which the cells in the GCL were sharply focused. The number of counted RGCs from the four square areas were averaged.

**Histologic Evaluation of Retinas**

Immediately after image acquisition, we enucleated the eyeballs from the mice after a pentobarbital overdose. A suture was placed on the edge of the superior conjunctiva to identify the superior portion of the retina. The eyes were fixed in 4% paraformaldehyde for 24 hours at 4°C and embedded in paraffin. Serial 6-μm paraffin-embedded sections were cut through the suture and at the point of insertion of the optic nerve. The sections that passed through the center of the optic nerve head were selected. The selected retinal sections were stained with hematoxylin-eosin and photographed approximately 200 μm apart from the center of the optic disc under an optical microscope (Axioplan 2; Carl Zeiss GmbH, Jena, Germany). For each eye, GCC thickness of each retinal sections at 60, 100, and 200 μm from the optic nerve head (location matched with that at which GCC thickness was measured on radial SD-OCT scans) was measured with image-analysis software (Axio Vision 2.05; Carl Zeiss Vision GmbH), and the values were averaged. In some of these sections, we also counted the number of cells in GCL at days 0 and 1 (for each, n = 3).

Immunohistochemical staining was performed with antibodies to green fluorescent protein (GFP; rabbit, 1/500; MBL), syntaxin 1 (HPC-1; mouse, 1/100; Sigma-Aldrich), as a marker for amacrine cells, green fluorescent protein (GFP; rabbit, 1/500; MBL), syntaxin 1 antibody to detect the CFP-positive cells during immunohistochemical studies of paraffin-embedded sections. We used frozen sections (20 μm) for the detection of naïve CFP fluorescence and for staining with an anti-GFP antibody, because the fluorescence of CFP was faintly maintained in the frozen sections. The number of cells in the GCL that were positive or negative for each marker in the whole vertical sections (through the optic nerve head) of the retinas collected on days 0, 1, and 14 after NMDA injection (20 nanomoles, n = 3) was counted on images acquired with confocal microscopy (LSM 510; Carl Zeiss GmbH).

**Statistical Analysis**

A paired t test was used to compare changes in the parameters before and after NMDA injection. Variables among mice injected with different dosage of NMDA were compared by analysis of variance and Scheffé’s post hoc test. Linear regression analysis was used to correlate two parameters. The intraclass correlation coefficient (ICC) was calculated to test the intradelineator and interdelineator reliability of the manual measurement of GCC thickness on the circular scans (statistical analyses performed with PASW Statistics ver. 17.0; IBM SPSS, Chicago, IL). The level of statistical significance was set at P < 0.05.

**RESULTS**

**Retinal Imaging with Speckle Noise–Reduced SD-OCT Compared with Histologic Tissue Sections in Mice**

With speckle noise reduction by averaging multiple B-scans, each layer of the retina, including the RNFL and GCL, in the mice was clearly visualized on the SD-OCT image, although the posterior boundary of the GCL was not as clear as the boundaries of the other layers (Fig. 1A). To test whether we could quantify inner retinal damage on the SD-OCT images, we injected 20 nanomoles of NMDA or PBS as a control into the vitreous of mouse eyes. In the histologic sections, 14 days after the injection, the number of ganglion cells was significantly reduced and the thicknesses of the RNFL, GCL, IPL, and GCC (including the RNFL, GCL, and IPL) were also significantly reduced in the injected eyes compared with the untreated or PBS-injected eyes (Fig. 1B). On the SD-OCT images, location matched with the histologic sections of identical eyes, and the anterior and posterior boundaries of the GCL became less clear.

**FIGURE 1.** (A) Speckle noise-reduced SD-OCT images of mouse retina. An untreated eye (left), an eye injected with PBS (center), and an eye injected with NMDA (20 nanomoles, right). All the images were location matched, 200 μm superior to the optic nerve head on a vertical scan through the center of the optic nerve head. (B) Retinal sections stained with HE at the retinal location corresponding to the SD-OCT images in (A). RNFL, retinal nerve fiber layer; GCL, ganglion cell layer; IPL, inner plexiform layer; GCC, ganglion cell complex; INL, inner nuclear layer; OPL, outer plexiform layer; ONL, outer nuclear layer; ELM, external limiting membrane; IS/OS, inner and outer segment junction of the photoreceptor cell; and RPE, retinal pigment epithelium. Scale bar, 20 μm.
in the NMDA-injected eyes than in the untreated or PBS-injected eyes. However, the boundaries of the GCC (that is, the anterior boundary of the RNFL and the posterior boundary of the IPL) were relatively distinguishable, regardless of the treatment. The SD-OCT images showed that the thickness of the GCC was less in an eye injected with NMDA than in an untreated eye and an eye injected with PBS (Fig. 1A).

To determine whether GCC thickness measured on SD-OCT images correlated with the thickness measured in the histologic sections, it was measured on both the SD-OCT images and the corresponding location-matched histologic sections in the eyes injected with NMDA or PBS, and in untreated eyes. The GCC thickness measured on the SD-OCT images significantly correlated with that measured in the location-matched histologic sections (n = 11, r² = 0.828, P < 0.0001, Pearson’s correlation coefficient analysis; Fig. 2). The mean GCC thickness measured on the SD-OCT images was significantly larger than that measured on the histologic retinal sections (P = 0.027). Thus, the images obtained with speckle noise-reduced SD-OCT were clear enough to distinguish each retinal layer and correlated highly with the histologic sections, both in healthy and damaged mouse retinas.

**Correlation between GCC Thickness Measurements on Radial and Circular Scans**

To evaluate GCC thickness around the optic disc, we performed six radial scans through the center of the optic nerve head and one circular scan around the optic nerve head in eyes injected with NMDA. Along each radial scan, we calculated the mean GCC thickness and averaged the values measured on all six radial scans. We also calculated GCC thickness on a circular scan image. The mean GCC thickness on the radial scans was compared with that on the circular scan during progressive RGC degeneration. We found a strong association between the GCC thickness measures on radial and circular scans (r² = 0.908, P < 0.001, Pearson’s correlation coefficient analysis; Fig. 3). Taking a measurement on the circular scan image was simpler and faster than taking one on the radial scans; as a result, in the following experiments, we used GCC thickness measured on single circular scan images as the representative GCC thickness in mouse retinas.

Further, we calculated ICCs to assess the intradelineator and interdelineator reliability of the manual measurement of GCC thickness on the circular scans on days 0 and 14 (for each, n = 15). The intradelineator ICCs were 0.842 and 0.971 on day 0, and the interdelineator ICCs were 0.886 and 0.989 on day 14. All these ICC values are considered almost perfect according to the report of Landis and Koch.29

**Imaging of CFP-Positive RGCs in Thy 1-CFP Mice by scSLO**

For imaging individual RGCs, we performed scSLO of the retinas of Thy 1-CFP transgenic mice.20 On the scSLO images, both brightly and weakly fluorescent cells of different sizes (Figs. 4A, left; 5A) were observed, a result consistent with the histologic findings of Raymond et al.30 The CFP-positive cells were manually counted within four square areas at a distance of 830 μm from the center of the optic nerve head on the scSLO images (Fig. 5A, white squares). The distance of 830 μm was chosen as the shortest distance from the optic nerve head at which the CFP-positive cells could be accurately counted, without any influence of the retinal vessels. When an area closer to the optic nerve head is chosen, the large number of retinal vessels, which hide the CFP-positive cells from view, are included in the counting area. In addition, the density of RGCs and retinal nerve fiber bundles is higher as the area is close to the optic nerve head, which makes it difficult to precisely count the number of cells, particularly dark or small cells. The CFP-positive cells in GCL include displaced amacrines, and the displaced amacrines are small, with CFP fluorescence weaker than that of RGCs.30 To exclude the displaced amacrines from the enumeration, we used the number of CFP-expressing cells, except for the weakly fluorescent small cells as the number of RGCs for the subsequent time-course and dose-dependence analyses of RGCs (see the Discussion section).
Time-Dependent Changes in the Number of RGCs and GCC Thickness in Identical Eyes after NMDA Injection

Next, we examined the time-dependent changes of the RGCs and the GCC thickness in the identical eyes after NMDA injection in Thy 1-CFP transgenic mice in detail. Simultaneous imaging by scsLO and SD-OCT was performed, and the number of RGCs (on scsLO) and the GCC thickness (on SD-OCT) were evaluated in the identical eyes at multiple time points. Figure 4 shows representative scsLO and SD-OCT images of a mouse eye before and after intravitreal injection of NMDA (20 nanomoles). Drastic reduction in the number of fluorescent spots was evident as early as 1 day after injection (day 1), compared with the number before injection (day 0), and then there seemed to be no change in the number of bright fluorescent spots from days 1 to 14 (Fig. 4A). Figure 5B shows the time-dependent changes in the number of CFP-expressing RGCs in mice injected with NMDA (20 nanomoles) and PBS. Although the number in the control eyes injected with PBS remained unchanged during the examination period, the mean number of RGCs in the eyes injected with NMDA dramatically decreased at day 1 (27.1% ± 7.6% [mean ± SD] of the preinjection level) and then slightly decreased from days 1 to 14 (Figs. 5B, 5D). After 14 days of NMDA injection, the number of CFP-positive RGCs decreased to 20.2% of the preinjection level. The number of RGCs in eyes injected with NMDA was significantly less than that in eyes injected with PBS after day 1 (P < 0.0001). To determine whether RGC loss followed a pattern at the early time points, we assessed the remaining CFP-positive RGCs in each quadrant on day 1 and found that the mean numbers were similar and did not show significant differences among the quadrants (P = 0.886, one-way ANOVA); the mean numbers were 19.1 ± 2.4, 17.5 ± 6.3, 17.8 ± 4.2, and 18.1 ± 5.7 (27.1%, 24.7%, 24.9%, and 26.3% of the preinjection level, respectively) in the superior, inferior, temporal, and nasal quadrants, respectively. Thus, the RGC loss on day 1 may be characterized by regional uniformity.

On the other hand, GCC thickness on the SD-OCT images did not appear to be thinned 1 day after NMDA injection and was apparently thinned from day 4 onward (Fig. 4B). In eyes injected with NMDA, the mean GCC thickness increased at day 1 (P < 0.0001, compared to day 0) and then started to decrease (Fig. 5C). After day 4, the GCC was significantly thinner than that before injection (P < 0.0001). There was a similar increase in GCC thickness in PBS control eyes at day 1 (P = 0.01). The GCC thickness decreased to preinjection levels at day 4 and remained unchanged thereafter through day 14 in the control eyes.

The relationship between the percentage reduction of the number of the RGCs and GCC thickness is shown in Figure 5D. One day after NMDA injection, the number of RGCs significantly decreased (to 27.1% ± 7.6%; mean ± SD). On the other hand, GCC thickness increased to 110.3% ± 6.1% on day 1. The RGCs only slightly decreased from days 1 to 14 (24.1% ± 4.5%, 22.7% ± 4.8%, 22.5% ± 4.3%, and 20.2% ± 5.1% compared to day 0, on days 2, 4, 7, and 14, respectively). In contrast, GCC thickness on day 2 was almost the same as that on day 0 (99.1% ± 6.5% of the preinjection level), then gradually decreased throughout the examination period (81.7% ± 4.3%, 75.6% ± 3.1%, and 71.4% ± 4.7% on days 4, 7, and 14, respectively). These results indicate that the decrease in the number of CFP-positive RGCs was followed by the thinning of the inner retinal layers.

Histologic Evaluation of the Effect of CFP Downregulation and Displaced Amacrines on scsLO Imaging after NMDA-Induced Injuries

There may be two problems in using Thy 1-CFP transgenic mice for monitoring RGCs: (1) the existence of displaced amacrine cells expressing CFP in GCL, as stated above and (2) CFP downregulation that occurs before RGC death. To study the response of the displaced amacrines to NMDA insult and the influence of these cells on our scsLO results, we performed immunohistochemical staining by using an anti-GFP antibody to detect CFP-positive cells and anti-HPC-1 to detect amacrines in the paraffin-embedded sections (Supplementary Fig. S1 and Supplementary Table S1, http://www.iovs.orglookup/suppl/doi:10.1167/iovs.10-6654/-/DCSupplemental). The percentages of GFP-positive cells of all cells in the GCL were 95.0% at day 0 and 24.8% at day 14. The percentage of GFP-positive/CFP-negative cells (possibly lost weak CFP fluorescence during sample preparation) of all GFP-positive cells was 2.6% at day 0 and 2.4% at day 14 in the frozen sections. These results suggest that GFP staining and fluorescence of CFP are almost identical and that the anti-GFP antibody is suitable for detection of CFP-positive cells (Supplementary Fig. S1A, http://www.iovs.orglookup/suppl/doi:10.1167/iovs.10-6654/-/DCSupplemental). On day 0, the number of HPC-1-positive/GFP-positive cells in the GCL (displaced amacrines) was 20.0 ± 2.0 (6.5% of all the GFP-positive cells). After 14 days of NMDA injection, the number of HPC-1-positive/GFP-positive cells slightly decreased (15.7% ± 1.5%; 78.5% of the preinjection level, 54.6% of the remaining GFP-positive cells).
Next, we focused on HPC-1-negative cells in the GCL, which could be considered to be mainly RGCs, to reveal the effect of CFP downregulation on the scSLO results. On day 1 after NMDA injection, HPC-1-negative cells decreased to 65.2% of the preinjection level. HPC-1-negative/GFP-positive cells decreased to 34.6% of the preinjection level. In contrast, HPC-1-negative/GFP-negative cells increased to 258.3% of the preinjection level. To confirm that the HPC-1-negative/GFP-negative cells contain RGCs, we performed triple immunostaining for HPC-1, Brn3 (an antibody for retinal ganglion cells28), and GFP (Supplementary Fig. 1C, http://www.iovs.org/lookup/suppl/doi:10.1167/iovs.10-6654/-/DCSupplemental). There were Brn3-positive cells that stained negative for HPC-1 and GFP cells, both before and after NMDA injection, suggesting that retinal ganglion cells are included in the HPC-1-negative/GFP-negative cell population. These results suggested that although CFP downregulation occurred in some cells, the number of RGCs indeed decreased as early as 1 day after NMDA injection. To further confirm that

FIGURE 5. Time-dependent changes in the number of RGCs and the GCC thickness after NMDA injection. (A) A combined scSLO image of an untreated Thy 1-CFP mouse. The white squares (310-μm squares) indicate areas in which CFP-positive RGCs were counted. Longitudinal changes in the number of RGCs (B) and in GCC thickness (C) in mice injected with PBS and 20-nanomoles NMDA (for each, n = 15). (D) The percentage of RGCs and GCC thickness in the postoperative period versus that in the preoperative period. Error bars indicate SD. *P < 0.05; **P < 0.0001 compared with the preinjection level (paired t-test). †P < 0.0001 compared between eyes injected with NMDA and PBS (t-test). (E) Images obtained on days 0 and 1 of retinal sections from eyes injected with NMDA (20 nanomoles) and stained with HE. The retina on day 1 appears to be thickened and particularly the IPL appears swollen. RGCs appear to be fewer on day 1, compared with day 0. Scale bar, 20 μm.
RGC loss preceded reduction in GCC thickness, we compared the hematoxylin-eosin (HE)-stained retinal sections between days 0 and 1 (Fig. 5E). On day 1, the retina, particularly the IPL, appeared to be thickened. On the other hand, on day 1, the cells in the GCL decreased to 72.6% of that on day 0, as counted on the histologic sections. From these histologic observations, we confirmed that rapid loss of RGCs preceded the thinning of the inner retinal layers.

**Dose- and Time-Dependent Changes in the Number of RGCs and GCC Thickness in Identical Eyes after NMDA Injection**

To clarify the difference in the severity and time course of the damage caused by different dosage of NMDA, 1 to 20 nanomoles of NMDA (or PBS as a negative control) was injected in the eyes of Thy 1-CFP mice and examined with scSLO and SD-OCT. In eyes injected with 2 to 20 nanomoles of NMDA, the number of RGCs significantly decreased on day 1 and thereafter, whereas in the eyes injected with 1 nanomole of NMDA, RGCs only marginally decreased during the period, compared with eyes injected with PBS (Fig. 6A). Eyes injected with 10 or 20 nanomoles NMDA showed similar reductions in the number of RGCs on day 14 (28.3% and 20.2% of the preinjection level, respectively). However, the reduction was slower in eyes injected with 10 nanomoles of NMDA compared with those with 20 nanomoles of NMDA; the number of RGCs in eyes injected with 10 nanomoles of NMDA was larger than the number of RGCs in eyes injected with 20 nanomoles of NMDA on day 1 (49.5% and 27.1% of the preinjection level, respectively, \( P = 0.002 \) (Scheffe’s test)), but was not significant on days 4 to 14. The eyes injected with 2 or 5 nanomoles of NMDA tended to show a smaller reduction in numbers compared with those injected with 10 or 20 nanomoles of NMDA throughout the postinjection period; the number of RGCs was 65.3% (\( P = 0.005 \)) and 71.7% (\( P = 0.004 \)) of the preinjection level, respectively, on day 1 and further decreased to 44.1% (\( P < 0.0001 \)) and 53.7% (\( P < 0.0001 \)) of the preinjection level, respectively, on day 14. Thus, NMDA dose dependently reduced the number of RGCs; a higher dose of NMDA induced more rapid and stronger loss of RGCs.

Consistent with the number of RGCs, 2- to 20-nanomole NMDA injections caused significant decreases in GCC thickness at day 4 and thereafter (Fig. 6B). As was the case with 20 nanomoles of NMDA injection (above), the GCC thickness did not significantly decrease until 4 days after the injection. PBS or a 1-nanomole NMDA injection did not decrease GCC thickness (Fig. 6B). In eyes injected with 5, 10, and 20 nanomoles of NMDA, GCC thickness decreased to 75.7%, 76.5%, and 71.4%, respectively, of the preinjection level on day 14; there were no statistically significant differences between the three groups (Scheffe’s test). GCC thickness in eyes injected with 2 nanomoles of NMDA showed a lesser reduction (84.6% of the preinjection level) than those injected with 5 to 20 nanomoles (\( P = 0.041 \) vs. 5 nanomoles; \( P = 0.021 \) vs. 20 nanomoles) on day 14. These results show that decreases in the number of RGCs and in GCC thickness are NMDA dose dependent and that 2 nanomoles or more of NMDA is needed to induce a significant loss of RGCs and in GCC thickness.

**DISCUSSION**

In this study, we used a novel, noninvasive imaging system combining scSLO and speckle noise-reduced SD-OCT to characterize the longitudinal and dose-dependent RGC degeneration induced by NMDA. Two nanomoles or more of NMDA induced rapid loss of CFP-expressing RGCs. The inner retinal layer became thin after the CFP-expressing RGCs disappeared. The NMDA-induced degeneration of RGCs and the inner retinal layers was dose-dependent.

The development of imaging instruments for clinical use provides a unique opportunity to apply these instruments to experimental animals for noninvasive, longitudinal assessment of progressive RGC damage. Recent studies have demonstrated that imaging of CFP-expressing RGCs in Thy 1-CFP transgenic mice using a blue-light confocal SLO or a fundus camera is useful for the longitudinal assessment of injuries to the bodies of RGCs in optic nerve crush and ischemia–reperfusion models.7–9 Another study has shown that measuring RNFL thickness is also useful for longitudinally assessing axonal injuries of RGCs in an optic nerve crush model.10 However, no studies have reported longitudinal assessments of RGC damage, both in the number of RGCs and in the thickness of the inner retinal layer by any method.

NMDA-induced excitotoxicity is a well-known model of induced RGC injury25 and has been implicated in the pathogenesis of glaucoma. At first, we injected 20 nanomoles of NMDA into the vitreous of Thy 1-CFP mice and observed that the number of CFP-expressing RGCs decreased to less than 30% of the preinjection level as early as 1 day after injection and continued to decrease slightly from days 1 to 14 (Fig. 5). In contrast, GCC thickness increased at day 1 and then gradually decreased from days 2 to 14. This study clearly demonstrated that two distinct structural parameters (number of CFP-positive RGCs and GCC thickness), whose losses were recently established to represent RGC damage in vivo, behaved in a totally different manner during the time course of NMDA-induced RGC injury in a mouse model.

In rats, Nagata et al.19 were not able to find RNFL thinning, even 1 week after optic nerve crush versus the 50% RGC loss that was reported in another study.11 Although no study has directly compared the number of RGCs (based on Thy 1-CFP expression...
or retrograde labeling) with retinal thickness (e.g., RNFL or GCC thicknesses) in the same eyes, the studies suggest that retinal thinning is likely the event that results from optic nerve crush-induced RGC injury. Consistently, the reduction of RGCs seen as Thy-1-CFP expression in our study, apparently occurred several days before the thinning of the inner retinal layers, particularly RNFL; however, there are several concerns regarding the interpretation of the results.

One concern regarding the temporally different patterns of reduction in the number of CFP-positive RGCs and GCC thickness is the initial inflammatory response, which can mask the thinning of the nerve fiber layers. The swelling of IPL seen in the histologic sections on day 1 suggested the existence of an inflammatory response, which may increase GCC thickness. Mild GCC thinning was also seen from 1 to 4 days after injection in the PBS-injected control eyes (Fig. 5). Therefore, the thickening may be caused by the inflammatory reaction induced by the intravitreal injection itself rather than by the NMDA injection.

Another concern regarding the temporally different patterns of reduction in the above-mentioned two parameters is the possibility of CFP downregulation that occurs before RGC death. Schlamp et al. demonstrated that by 6 hours after NMDA injection, the Thy1 mRNA levels in the RGC starts to decrease, whereas there is no apparent change in the number of the cells present in the GCL. By 48 hours, the expression level of Thy1 mRNA or Thy1-expressing cells decreases to less than 20% of the control fellow eyes, whereas more than half of the cells remained in the GCL. Similar earlier loss of Thy1 expression in RGCs preceding the loss of RGC numbers on histologic or imaging studies has been documented in an optic nerve crush model. The early loss of Thy1 expression is consistent with the report that the damaged RGCs undergo a shutdown of many normally expressed genes as an early step in apoptosis. In our immunohistochemical analysis, 1 day after NMDA injection, GFP-positive RGCs decreased to 34.6% of the preinjection level, which was comparable to 27.1% observed on the scSLO images. On the other hand, GFP-negative RGCs increased to more than two times the preinjection level, suggesting that CFP downregulation actually occurred in some cells. However, RGCs (all the HPC-1-negative cells in GCL) indeed decreased to 65.2% of the preinjection level. Moreover, the cells in GCL, counted on the HE-stained sections on day 1, were 72.6% of the preinjection level. Therefore, although downregulation of CFP expression occurred before the disappearance of the somas of some RGCs, these observations indicate that thinning of the inner retinal layers is an event resulting from the loss of RGCs in NMDA-induced retinal injuries.

CFP expression in Thy-1-CFP mouse line has been reported to localize not only to RGCs but also to a subpopulation of displaced amacrine cells. It has been reported that the displaced amacrine cells are small and emit weakly fluorescent signals. Therefore, we believe that weakly fluorescent small cells in the scSLO images in this study are mainly displaced amacrine cells. Indeed, the weakly fluorescent small cells accounted for 10.5% of all the CFP-positive cells in this study are mainly displaced amacrine cells. Indeed, the weakly fluorescent small cells accounted for 10.5% of all the CFP-positive cells in the scSLO images. Fourteen days after NMDA injection, the number of CFP-expressing large RGCs decreased to 18.8% of the preinjection level, whereas the number of CFP-expressing small RGCs decreased to 23.3% of the preinjection level. Therefore, on the basis of the size of the RGCs using scSLO images, the vulnerability to NMDA did not significantly differ between the cell types.

In clinical studies, circumpapillary retinal nerve fiber layer (cpRNFL) thickness is widely used to discriminate eyes with glaucoma. In human and mouse eyes, assessment of the RNFL thickness on a circular scan around the optic nerve head appears ideal for evaluating RGC damage because it is capable of detecting all RGC axons that converge toward the optic nerve head in both species. However, RNFLs in mice are much thinner than those of humans and are much more difficult to measure, particularly in damaged retinas. In this study, besides GCC thinning in the damaged retinas, the layer boundaries also became unclear, probably because the loss of the somas, axons, and dendrites of RGCs and changes in glial components decreased the reflectivity of the diminished RNFL, GCL, and IPL. The GCC is an alternative to the RNFL for assessing RGC damage, since the GCC includes RGC axons as RNFL and RGC somas as GCL. GCC is thicker than RNFL only, allowing easier delineation in all eyes. In patients with glaucoma, GCC thickness in the macula has been shown to have glaucoma discriminating ability that is comparable to cpRNFL thickness. However, mouse eyes do not have a macula. Therefore, instead of measuring macular GCC thickness or cpRNFL thickness, we thought it practically appropriate to use GCC thickness around the optic nerve head to detect glaucomatous damage. Because it is uncertain which scan pattern for sampling is appropriate for GCC measurements in mice, we compared the most standard scan patterns around the optic nerve head; the circular scan versus radial scans. We found a strong correlation between these scan patterns. In addition, we were able to detect a characteristic slow decrease in GCC thickness on a circular scan in the mouse eyes injected with NMDA consistent with the results of previous studies. We also confirmed the reliability of the manual measurement of GCC thickness. These observations show that GCC thickness on a circular scan around the optic disc is an ideal and useful parameter for evaluating RGC damage in mice.

Then, we examined NMDA dose-dependent changes in the number of RGCs and GCC thickness and elucidated that more than 10 nanomoles of NMDA is necessary to induce severe reduction in the number of RGCs and GCC thickness. Eyes injected with 2 nanomoles of NMDA showed milder and slower damage both to RGCs and GCCs compared with higher concentrations of NMDA. However, in eyes injected with 5 nanomoles of NMDA, although the loss of RGCs was comparable to that in eyes injected with 2 nanomoles NMDA, GCC thinning was as severe as in eyes injected with 10 nanomoles or more of NMDA. The difference in the effect of damage on the number of RGCs and in GCC thickness in eyes injected with 5 nanomoles of NMDA may be attributable to the fact that GCC includes RNFL and IPL in addition to GCL. Some cells in the INL other than RGCs are known to be damaged by NMDA. Because the IPL consists of the nerve fibers from cells in the INL, damage to cells in the INL leads to IPL thinning. The sensitivity to NMDA may differ between RGCs and cells in the INL. This possibility remains to be clarified.
Application of retinal imaging technologies to mice, particularly those with genetic cellular markers, allows noninvasive longitudinal assessment of neuronal damage such as loss of cell bodies and tissue atrophy. Experimental mouse models are most widely used to investigate the pathophysiology of human diseases; various transgenic and knockout mice as well as natural mutants are available for use in the investigation of the role of a molecule in vivo. The noninvasive nature of this approach does not require animals to be euthanized and enables us to examine exactly the same region in the same eye via in vivo sequential imaging, allowing for use of a minimal number of animals. Compared with histologic methods, our double-imaging approach in particular has a great advantage in monitoring both the individual RGC loss and the RGC-related layer thinning on sectional images in the same diseased eyes. Our findings with regard to the different time courses of the two RGC-related parameters were strengthened by measuring both parameters simultaneously in the identical eyes. Thus, the simultaneous imaging of two parameters in the mouse fundus, as shown in this study, would potentially be widely used as a useful tool for basic and translational research of the examination of pathologic mechanisms of RGC damage, as well as for investigation of new treatments for glaucoma.

In summary, we were able to show time-dependent changes in Thy 1-CFP-expressing RGCs and GCC thickness in the identical eyes with an NMDA-induced RGC injury by using a combined system of scSLO and speckle noise–reduced SD-OCT. We found that the reduction in these two parameters show different time courses. Co-monitoring of CFP-expressing RGCs and GCC thickness in mice would contribute to investigation of the longitudinal profile of RGC degeneration.

Acknowledgments

The authors thank Yuri Terado, Noriko Suzuki, Michiko Tsuji, and Keiko Kuroiwa for their technical assistance, Akiko Hirata for her contribution to the reliability assessment of the manual measurement of GCC thickness on SD-OCT images, and Gerhard Zinner for useful discussions of the Multiline instrument.

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