


A laboratory model was designed to assess the effects of drugs on intraocular pressure (IOP) in rabbits. Its utility for evaluating the antiglaucoma potential of drugs was tested by employing 1-epinephrine, an adrenergic agent known to be effective in glaucoma. When 1-epinephrine was applied topically to the eye, it caused a concentration-dependent reduction of normal IOP and marked antagonism of elevated IOP induced by water load. These effects were of long duration. Antagonism of IOP elevation was earlier in onset than reduction of normal IOP, suggesting different underlying mechanisms. Similarities between these results and those reported for glaucomatous man establish the utility of this IOP model in the evaluation of the antiglaucoma potential of adrenergic-like compounds.

The search for improved medical therapy in glaucoma has prompted development of numerous methods for laboratory evaluation of drug effects on intraocular pressure (IOP). Investigations in our laboratory utilizing some of these methods allowed recognition of particular features which, when incorporated into a single animal model may provide a more meaningful evaluation of a drug's antiglaucoma potential. Features of the model include the following: (1) animals are unanesthetized and thus normally responsive to drugs and stimuli; (2) normal and elevated IOP's are provided sequentially in the same eye; (3) reproducible IOP measurements are made by electronic tonometry; (4) testing can be of sufficient duration to observe the time-course of drug action; (5) appropriate controls are available for post-drug IOP comparisons. The pharmacologic utility of this model for detecting and evaluating potential antiglaucoma agents, particularly of the adrenergic type, was examined employing 1-epinephrine, an adrenergic agent with known clinical efficacy in open-angle glaucoma.

Methods. Female New Zealand-White rabbits, 1.8 to 2.5 kilograms body weight, were deprived of food for 18 hours and maintained in restrainer boxes during experimentation. IOP was measured indirectly from the corneal surface, without local anesthesia, using a Mackay-Marg Model No. 12 electronic tonometer. The tip of the tonometer probe was moistened with wetting solution (Barnes-Hind) to avoid corneal abrasion. Pupil diameter was measured to the nearest 0.5 mm. under constant illumination with a clear, straight-edge ruler.

IOP elevation was accomplished in unanesthetized rabbits using a modification of a procedure previously reported.1-2 Rabbits were administered 60 ml per kilogram of tap water rapidly via gavage following measurement of normal or baseline IOP. IOP was measured 10, 20, and 30 minutes thereafter to determine maximal increase (elevated IOP) during this time. The procedure was repeated in the same animals 2, 4, and 6
Results. Fig. 1 illustrates the protocol used in these experiments and shows typical data obtained from a single rabbit in which both eyes were treated with saline. Thus, after water load IOP increased similarly in right and left eyes, reached maximal elevation within 30 minutes, and returned to pretreatment levels before the next water load. Fig. 2 shows mean values for normal IOP, maximal IOP induced by water load, and pupil diameter obtained from six rabbits administered saline topically to both eyes. IOP was elevated markedly from normal (pre-water load) levels of about 22 mm. Hg to hypertensive levels of 29 to 35 mm. Hg after each water load. IOP elevation tended to increase with consecutive water loads. Pupil diameter was unaffected by the procedures or treatment.

Topical application of a 2.0 per cent solution of l-epinephrine to one eye of rabbits (saline in contralateral eyes) elicited marked reductions in both normal IOP and IOP response to water load and produced significant mydriasis (Fig. 3). As shown in Fig. 3, l-epinephrine markedly affected elevated IOP and pupil size at the 2-hour treatment interval, whereas normal IOP was not affected until later time intervals. The drug's effect on both normal and elevated IOP remained near maximal six hours after topical application, while pupil size had returned to control levels at this time. Thus, the action of l-epinephrine on IOP was of greater duration than was the effect on pupil size.

Dose-response relationships for the effects of l-epinephrine on normal and elevated IOP are presented in Fig. 4. Quantitatively larger reductions and earlier times of onset of drug action occurred in elevated than in normal IOP. Maximal
Discussion. Ideally, laboratory evaluation of antiglaucoma drugs should be conducted in glaucomatous animals. However, the availability of naturally occurring glaucomatous animals is limited and the etiology and pathology of open-angle glaucoma is not well enough understood to permit experimental replication of the disease. Alternatively, animals with "ocular hypertension" generated by varying procedures are used for drug testing in many laboratories.

The model presented herein provides for the determination of a drug's effects on both elevated and normal IOP states. Pupil diameter was unaffected by concentrations of l-epinephrine less than 2.0 per cent.

The method of elevating IOP in rabbits via intragastric water load has been utilized previously for drug evaluation in experiments of short duration employing anesthetized rabbits only. The procedure, as described herein, in conscious rabbits exhibited the following desirable characteristics: (1) neither the aqueous fluid production nor the outflow components of the eye were damaged, leaving these sites available for drug action; (2) there was no eye irritation to affect baseline IOP or pupil size; (3) IOP elevation was reproducible and thus suitable for unlimited drug duration studies; (4) similar responses were reliably ob-
tained in both eyes of the same animal; and (5) IOP elevation was susceptible to inhibition by l-epinephrine, a drug effective against human glaucoma. Furthermore, the elevated IOP induced in human glaucomatous patients as a result of the diagnostic "water-drinking test" suggests a possible analogy between glaucomatous human eyes and normal rabbit eyes in response to water load. It should be noted, however, that the animal model as presented measures prophylactic drug action rather than ability to lower a sustained, elevated IOP as it exists in glaucomatous eyes. Hopefully these actions are, in effect, analogous.

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REFERENCES


