Indoors Activity

1. At present, what kind of tutoring centers have you taken? Please tip “√” in the corresponding “□”. If you choose “others”, please give a full description in blanks.

<table>
<thead>
<tr>
<th></th>
<th>Times per week</th>
<th>Hours per class</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Culture</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Chinese□</td>
<td></td>
<td>____ hour ____ min</td>
</tr>
<tr>
<td>Maths□</td>
<td></td>
<td>____ hour ____ min</td>
</tr>
<tr>
<td>English□</td>
<td></td>
<td>____ hour ____ min</td>
</tr>
<tr>
<td>Biology class□</td>
<td></td>
<td>____ hour ____ min</td>
</tr>
<tr>
<td>Mathematical Olympiads□</td>
<td></td>
<td>____ hour ____ min</td>
</tr>
<tr>
<td>Others________</td>
<td></td>
<td>____ hour ____ min</td>
</tr>
<tr>
<td><strong>Art</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Vocal music□</td>
<td></td>
<td>____ hour ____ min</td>
</tr>
<tr>
<td>Musical instruments□</td>
<td></td>
<td>____ hour ____ min</td>
</tr>
<tr>
<td>Dancing□</td>
<td></td>
<td>____ hour ____ min</td>
</tr>
<tr>
<td>Painting□</td>
<td></td>
<td>____ hour ____ min</td>
</tr>
<tr>
<td>Calligraphy□</td>
<td></td>
<td>____ hour ____ min</td>
</tr>
<tr>
<td>Chess□</td>
<td></td>
<td>____ hour ____ min</td>
</tr>
<tr>
<td>Others________</td>
<td></td>
<td>____ hour ____ min</td>
</tr>
<tr>
<td><strong>None□</strong></td>
<td></td>
<td>____ hour ____ min</td>
</tr>
</tbody>
</table>

2. How long have you spent on these following activities **after school**? Please tip “√” in the corresponding “□”. If you choose “others”, please give a full description in blanks.

<table>
<thead>
<tr>
<th></th>
<th>weekdays</th>
<th>weekends</th>
</tr>
</thead>
<tbody>
<tr>
<td>Homework□</td>
<td>____ hour ____ min</td>
<td>____ hour ____ min</td>
</tr>
<tr>
<td>Reading□</td>
<td>____ hour ____ min</td>
<td>____ hour ____ min</td>
</tr>
<tr>
<td>Watching TV□</td>
<td>____ hour ____ min</td>
<td>____ hour ____ min</td>
</tr>
<tr>
<td>Computer using□</td>
<td>____ hour ____ min</td>
<td>____ hour ____ min</td>
</tr>
<tr>
<td>Playing cellphones□</td>
<td>____ hour ____ min</td>
<td>____ hour ____ min</td>
</tr>
<tr>
<td>Playing electronics (iTOUCH, iPAD, PSP, et al)□</td>
<td>____ hour ____ min</td>
<td>____ hour ____ min</td>
</tr>
<tr>
<td>Others________</td>
<td>____ hour ____ min</td>
<td>____ hour ____ min</td>
</tr>
<tr>
<td><strong>None□</strong></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Outdoor Activities

1. How long did you spend on the way go home and to school every day?

   Go home: ____hours____minutes

   Go to school: ____hours____minutes

2. What is your type of transportation and what do you do every day on the way go home and to school?

   Please tip “√” in the corresponding “□”. If you choose “others”, please give a full description in blanks.

<table>
<thead>
<tr>
<th>Type of Transportation</th>
<th>What you do</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Nothing</td>
</tr>
<tr>
<td>Go to school</td>
<td></td>
</tr>
<tr>
<td>Walking</td>
<td>□</td>
</tr>
<tr>
<td>Bicycle</td>
<td>□</td>
</tr>
<tr>
<td>Private Car</td>
<td>□</td>
</tr>
<tr>
<td>Public Transportation</td>
<td>□</td>
</tr>
<tr>
<td>Go home</td>
<td></td>
</tr>
<tr>
<td>Walking</td>
<td>□</td>
</tr>
<tr>
<td>Bicycle</td>
<td>□</td>
</tr>
<tr>
<td>Private Car</td>
<td>□</td>
</tr>
<tr>
<td>Public Transportation</td>
<td>□</td>
</tr>
</tbody>
</table>

3. How long have you been outdoors during the school recesses?

   ____hours____minutes
4. Do you have the following outdoor activities during weekdays and weekends? Please tip “√” in the corresponding “□” and write the time. If you choose “others”, please give a full description in blanks.

<table>
<thead>
<tr>
<th>Outdoor Sports</th>
<th>Time/day</th>
<th>Weekdays</th>
<th>Weekends</th>
</tr>
</thead>
<tbody>
<tr>
<td>Running</td>
<td>_hour__min</td>
<td>_hour__min</td>
<td></td>
</tr>
<tr>
<td>Playing Basketball</td>
<td>_hour__min</td>
<td>_hour__min</td>
<td></td>
</tr>
<tr>
<td>Playing Football</td>
<td>_hour__min</td>
<td>_hour__min</td>
<td></td>
</tr>
<tr>
<td>Playing Volleyball</td>
<td>_hour__min</td>
<td>_hour__min</td>
<td></td>
</tr>
<tr>
<td>Playing Table Tennis</td>
<td>_hour__min</td>
<td>_hour__min</td>
<td></td>
</tr>
<tr>
<td>Playing Badminton</td>
<td>_hour__min</td>
<td>_hour__min</td>
<td></td>
</tr>
<tr>
<td>Playing Tennis</td>
<td>_hour__min</td>
<td>_hour__min</td>
<td></td>
</tr>
<tr>
<td>Track and Field Competition</td>
<td>_hour__min</td>
<td>_hour__min</td>
<td></td>
</tr>
<tr>
<td>Swimming</td>
<td>_hour__min</td>
<td>_hour__min</td>
<td></td>
</tr>
<tr>
<td>Taekwondo</td>
<td>_hour__min</td>
<td>_hour__min</td>
<td></td>
</tr>
<tr>
<td>Others</td>
<td>_hour__min</td>
<td>_hour__min</td>
<td></td>
</tr>
<tr>
<td>Outdoor Leisure</td>
<td>Time/day</td>
<td>Weekdays</td>
<td>Weekends</td>
</tr>
<tr>
<td>Walking</td>
<td>_hour__min</td>
<td>_hour__min</td>
<td></td>
</tr>
<tr>
<td>Picnics</td>
<td>_hour__min</td>
<td>_hour__min</td>
<td></td>
</tr>
<tr>
<td>Playing games</td>
<td>_hour__min</td>
<td>_hour__min</td>
<td></td>
</tr>
<tr>
<td>Others</td>
<td>_hour__min</td>
<td>_hour__min</td>
<td></td>
</tr>
<tr>
<td>None</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>