Quantitative Optical Coherence Tomography Findings in Various Subtypes of Neovascular Age-Related Macular Degeneration

Sandra Liakopoulos, Sharel Ongchin, Alok Bansal, Sandeep Msutta, Alexander C. Walsh, Paul G. Updike, and Srinivas R. Sadda

PURPOSE. To compare the volume of various spaces visible on optical coherence tomography (OCT) images in different angiographic lesion subtypes of neovascular age-related macular degeneration (AMD).

METHODS. Sixty-six cases of previously untreated, active subfoveal choroidal neovascularization (CNV) associated with AMD were retrospectively collected. CNV lesions were classified as occult with no classic CNV, minimally classic CNV, predominantly classic CNV, or CNV lesions with associated retinal angiomatous proliferation (RAP). Corresponding OCT image sets were analyzed by trained graders using previously validated custom software that allows manual placement of boundaries on OCT B-scans. Spaces delineated by these boundaries included the neurosensory retina, subretinal fluid, subretinal tissue, and pigment epithelial detachments (PEDs). Volume measurements were calculated by the software and compared among groups.

RESULTS. Minimally and predominantly classic CNV membranes demonstrated subretinal tissue on OCT in all cases and appeared to show a significantly greater volume of subretinal tissue than did the occult membranes. Subretinal fluid was present in all the predominantly classic cases. A PED was visible in all the occult CNV cases in our study, demonstrating less retinal thickening and significantly greater PED volumes than minimally and predominantly classic CNV lesions. Lesions associated with RAP showed the highest percentage of cystoid spaces.

CONCLUSIONS. OCT and angiography provide complementary information regarding CNV lesions. Quantitative analysis of OCT images allows for an improved understanding of the anatomic characteristics of angiographically defined CNV lesion subtypes. (Invest Ophthalmol Vis Sci. 2008;49:5048–5054) DOI:10.1167/iovs.08-1877

Age-related macular degeneration (AMD) is the most common cause of blindness in North America and Europe. In neovascular AMD, two different patterns of choroidal neovascularization (CNV) have been defined according to their appearance on fluorescein angiography (FA): classic CNV and occult CNV. Occult CNV has been further subdivided into fibrovascular pigment epithelial detachment (FVPED) and late leakage of undetermined source (LLUS). Recently, the presence of retinal angiomatous proliferation (RAP) or retinal angiogenesis to the lesion (RAL) has been identified in some cases of CNV.

Classic CNV, occult CNV, and RAP are believed to have different characteristics with respect to the progression of the disease over time and the impact on visual function. Large randomized clinical trials have demonstrated significant differences in treatment effects in minimally classic CNV (<50% of the lesion occupied by classic CNV), predominantly classic CNV (>50% of the lesion occupied by classic CNV), and occult with no classic CNV. The presence of RAP also seems to have an impact on the course of the disease and on the treatment outcome.

Although FA remains an important tool in the diagnosis of CNV lesions, optical coherence tomography (OCT) has become an increasingly important component in the management of patients with neovascular AMD. Retinal thickening, subretinal fluid, subretinal tissue, and pigment epithelial detachments (PEDs) are all well visualized on OCT B-scans and have permitted the study of the anatomic features of CNV lesions. Classic CNV is believed to correspond frequently to histologic type 2 CNV (CNV between retinal pigment epithelium [RPE] and retina). Which may appear on OCT as subretinal tissue. Occult CNV is believed to correspond to histologic type 1 CNV (between Bruch’s membrane and RPE), which may in FVPED (but not in LLUS) appear as a PED on OCT. Leakage on FA caused by active CNV usually appears as intraretinal, subretinal, or sub-RPE fluid accumulation on OCT.

To date, the appearance of the different lesion types on OCT are only qualitatively described. In this study, we analyzed OCT images of eyes with neovascular AMD using computer-assisted manual grading software to quantify various spaces visible on OCT images for a more precise comparison of the characteristics of different angiographic CNV lesion subtypes.

METHODS

Data Collection

Data from 66 eyes of 66 consecutive patients who were about to enter therapy for neovascular AMD were retrospectively collected. To be eligible for the study, eyes were required to have previously untreated, active subfoveal CNV due to AMD and StratusOCT (Carl Zeiss Meditec, Inc., Dublin, CA) imaging, as well as FA imaging performed on the same date. In addition, the entire CNV lesion as defined on FA had to fall within a 6-mm-diameter circle centered on the fovea. Active CNV was defined as the presence of hemorrhage or evidence of vision loss (of at least one line of Snellen acuity) or lesion growth within the prior 3 months.

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Approval for the collection and analysis of the data was obtained from the Institutional Review Board of the University of Southern California. The research adhered to the tenets set forth in the Declaration of Helsinki.

Color fundus photographs and FA images were obtained with a camera with an 11-megapixel sensor (Topcon 50IX; Topcon Medical Systems, Paramus, NJ). The standard imaging protocol of the Doheny Imaging Unit was adhered to in all cases, consisting of color stereo pairs of the ETDRS fields 1 and 2, followed by multiple angiographic frames of field 2 during the transit phase, and stereo pairs of field 2 in the mid (<5 minutes) and late (5-10 minutes) phases of the angiogram.

OCT images were obtained using the Radial Lines protocol in which six high-resolution 6-mm B-scans (transverse resolution of 512 A-scans per B-scan) were obtained with a single StratusOCT machine (Carl Zeiss Meditec, Inc.). Although there have been many published reports on OCT in which the Fast Macular Scan protocol was used (with a lower transverse resolution of 128 A-scans per B-scan), the high-resolution Radial Lines protocol has been the standard method used in the Doheny Ophthalmic Imaging Unit due to the enhanced morphologic detail provided. The Fast Macular Scan protocol was used only when photographers were unable to obtain adequate high-resolution images, most commonly in patients with unstable fixation or poor cooperation. Photographers attempted to center the OCT B-scans on the fovea in all cases.

Data for each case were exported to disc by using the export feature available in the system’s analysis software (StratusOCT, version 4.0; Carl Zeiss Meditec, Inc.).

**Computer-Assisted OCT Grading Software**

The software used for OCT analysis (termed OCTOR) was written by Doheny Image Reading Center (DIRC) software engineers to facilitate viewing and manual grading. The OCTOR software is freely accessible at https://www.diesel.la and has been described and validated in previous reports. The software imports data exported from the StratusOCT machine and allows the grader to use a computer mouse to draw various boundaries in the retinal cross-sectional images.

After the grader draws the required layers in each of the six OCT B-scans, the software calculates the distance in pixels between the manually drawn boundary lines for each of the various defined spaces. Using the dimensions of the B-scan image, the calculated pixels are converted into micrometers to yield a thickness measurement at each location. The thickness at all unsampled locations between the radial lines is then interpolated to generate a thickness or volume map analogous to the StratusOCT output. The interpolation algorithm and intergrader reproducibility have previously been validated.

Analogous to the StratusOCT software, the OCTOR software provides a report showing the calculated thickness and volume values for the nine Early Treatment of Diabetic Retinopathy Study (ETDRS) macular subfields, and the mean and SD of the foveal center point (FCP) thickness (Fig. 1). In contrast to the Stratus output, the OCTOR software provides separate maps for the various macular spaces (e.g., retina, subretinal fluid, subretinal tissue, and PEDs).

**Grading Procedure**

FA images and OCT scans were analyzed by certified graders (SL, SRS) at the DIRC. FAs were viewed and graded using DIRC FA grading

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**Figure 1.** OCTOR map demonstrating the volume and thickness of all spaces calculated by the OCTOR software after manual grading of all six OCT B-scans.
TABLE 1. OCT Features in Different Angiographic Lesion Subtypes

<table>
<thead>
<tr>
<th>Subtype</th>
<th>Occult with No Classic</th>
<th>Minimally Classic</th>
<th>Predominantly Classic</th>
<th>RAP Stage III</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>(n = 24)</td>
<td>(n = 23)</td>
<td>(n = 11)</td>
<td>(n = 8)</td>
</tr>
<tr>
<td>Subretinal fluid</td>
<td>19 (79)</td>
<td>21 (91)</td>
<td>11 (100)</td>
<td>4 (50)</td>
</tr>
<tr>
<td>Subretinal tissue</td>
<td>7 (29)</td>
<td>23 (100)</td>
<td>11 (100)</td>
<td>7 (88)</td>
</tr>
<tr>
<td>Pigment epithelial detachment</td>
<td>24 (100)</td>
<td>16 (70)</td>
<td>5 (45)</td>
<td>7 (88)</td>
</tr>
<tr>
<td>Cystoid edema</td>
<td>14 (58)</td>
<td>17 (74)</td>
<td>9 (82)</td>
<td>8 (100)</td>
</tr>
</tbody>
</table>

Data are the number (%) in each lesion subtype group demonstrating the various features.

TABLE 2. Volume Measurements of Various Spaces on OCT B-Scans

<table>
<thead>
<tr>
<th>OCT Parameter</th>
<th>Occult with No Classic</th>
<th>Minimally Classic</th>
<th>Predominantly Classic</th>
<th>RAP Stage III</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>(n = 24)</td>
<td>(n = 23)</td>
<td>(n = 11)</td>
<td>(n = 8)</td>
</tr>
<tr>
<td>Retina</td>
<td>7.62 ± 0.72 (6.28–9.33)</td>
<td>7.86 ± 0.91 (6.49–9.98)</td>
<td>8.47 ± 1.78 (7.01–13.07)</td>
<td>8.54 ± 1.76 (6.80–12.39)</td>
</tr>
<tr>
<td>Subretinal fluid</td>
<td>0.24 ± 0.50 (0.00–2.39)</td>
<td>0.50 ± 0.59 (0.00–2.41)</td>
<td>0.24 ± 0.20 (0.01–0.58)</td>
<td>0.42 ± 0.69 (0.00–1.87)</td>
</tr>
<tr>
<td>Subretinal tissue</td>
<td>0.07 ± 0.14 (0.00–0.51)</td>
<td>0.37 ± 0.41 (0.01–1.76)</td>
<td>0.56 ± 0.55 (0.07–1.56)</td>
<td>0.11 ± 0.10 (0.00–0.25)</td>
</tr>
<tr>
<td>PED</td>
<td>0.86 ± 0.73 (0.01–2.78)</td>
<td>0.32 ± 0.36 (0.00–1.21)</td>
<td>0.38 ± 0.97 (0.00–3.27)</td>
<td>0.59 ± 0.62 (0.00–1.75)</td>
</tr>
<tr>
<td>Inner retinal height from choroid</td>
<td>8.79 ± 1.28 (6.72–12.27)</td>
<td>9.05 ± 1.60 (6.87–13.33)</td>
<td>9.64 ± 3.14 (7.51–18.46)</td>
<td>9.66 ± 2.01 (7.70–13.57)</td>
</tr>
</tbody>
</table>

Data are in cubic millimeters.
All 23 eyes showed subretinal tissue on OCT (100%, mean volume 0.37 ± 0.41 mm³) with 16 cases additionally demonstrating PEDs on OCT as well as occult components on FA (70%, mean volume 0.32 ± 0.36 mm³). In seven cases (33%), no PED was present on OCT; however, LLUS could be detected on FA in four of those seven cases (57%), indicating occult CNV without RPE elevation.

Occult with no classic CNV (Fig. 3) revealed retinal thickening in 21 of 24 cases (88%, mean retinal volume 7.62 ± 0.72 mm³) and cystoid spaces in 14 cases (58%). Subretinal fluid accumulation was present in 19 eyes (79%, mean volume 0.24 ± 0.5 mm³). In all cases, PEDs were seen on OCT (100%, mean volume 0.86 ± 0.73 mm³). Subretinal tissue was additionally present on OCT in seven eyes (29%, mean volume 0.07 ± 0.14 mm³). In three of those seven eyes, thick subretinal hemorrhage was seen on color photographs. In four eyes, no obvious correlation for the subretinal tissue seen on OCT could be identified on FA or color photographs, despite blocked fluorescence, possibly indicating pigment or other material.

CNV lesions with RAP (Fig. 4) showed significant retinal thickening with retinal cystoid spaces in all eight cases (100%, mean retinal volume 8.54 ± 1.76 mm³). Subretinal fluid was present in four eyes (50%, mean volume 0.42 ± 0.69 mm³), subretinal tissue in seven eyes (88%, mean volume 0.11 ± 0.1 mm³) and PEDs in seven eyes (88%, mean volume 0.59 ± 0.62 mm³).

Area measurements of the total CNV lesion size on fluorescein angiography did not reveal statistically significant differences between lesion type groups (mean area, 3.68 ± 2.69 MPS disc areas for predominantly classic CNV; 3.58 ± 3.01 MPS disc areas for minimally classic CNV; 4.22 ± 2.49 MPS disc areas for occult without classic CNV; and 2.96 ± 2.14 MPS disc areas for CNV with RAP lesions; Figs. 5, 6 and Tables 2, 3).²

On OCT, predominantly and minimally classic CNV lesions showed a statistically significant greater volume of subretinal tissue than did occult CNV membranes (P < 0.001). Occult with no classic CNV lesions showed a statistically greater PED volume than minimally or predominantly classic cases (P < 0.001). Subretinal fluid was most frequently present in predominantly classic CNV; however, there was no statistically significant difference in the volume of subretinal fluid between the different angiographic lesion subtypes. No difference was found between groups regarding total retinal volume and volume of the IHC. However, when comparing the group of occult with no classic CNV cases with eyes containing some...
classic CNV (predominantly and minimally classic cases grouped together), occult with no classic CNV lesions were found to have a significantly lower retinal volume.

**DISCUSSION**

AMD is a multifactorial disease that presents with a variety of different phenotypes.\(^1\) Classic CNV in neovascular AMD has been classified into classic and occult components based on angiographic characteristics.\(^2\) Classic CNV is believed to correspond histologically to type 2 CNV, which is located in the subretinal space,\(^6\), and therefore appears early and sharply demarcated on FA.\(^2\) Leakage of classic CNV progresses throughout the angiogram, as leaking fluid can easily accumulate in the subretinal space (a potential space in the eye) or diffuse through the retinal layers. Occult CNV is believed to correspond histologically to type 1 CNV, which is located in the sub-RPE space.\(^6\) The fibrovascular tissue may create disturbances in the overlying RPE, causing occult CNV to often appear as areas of stippled hyperfluorescence on FA.\(^2\) If the outer retinal barrier is disrupted by the disease process, leakage from type 1 CNV may pass through the RPE layer and spread into the subretinal space and/or neurosensory retina. On FA, CNV lesions are classified as predominantly classic CNV, minimally classic CNV, and occult with no classic CNV, based on the proportions of the lesion components classic and occult CNV, thick hemorrhage, blocked fluorescence, and serous PED.\(^2\)

Angiography and OCT represent complementary imaging modalities, both of which display different information. FA reveals information about the integrity of the inner and outer retinal barrier and the presence of pathologic vessels. OCT visualizes the arrangement and reflectivity of retinal and subretinal layers as well as the axial distribution of pathologic fluid or tissue within the retina, the subretinal or sub-RPE space. Interpretation of both imaging modalities together allows for a more precise understanding of disease. For example, a CNV lesion is defined as minimally classic CNV according to the TAP criteria,\(^2\) if classic CNV is visible on FA but other lesion components occupy more than 50% of the total lesion size. Those other lesion components include not only occult CNV, but also blocked fluorescence, thick hemorrhage or serous PED, because these features could obscure the boundaries of CNV. In these cases, OCT could be helpful in confirming or refuting the presence of additional “hidden” CNV, such as the presence of an underlying fibrovascular PED (Fig. 2).

On the other hand, FA may be helpful in the interpretation of subretinal tissue on OCT, as subretinal hyperreflective material on OCT does not necessarily correspond to type 2 CNV, but may be attributed to blood, lipid, fibrin, or pigment, which may appear as blocked fluorescence on FA. As it may not be possible to distinguish CNV from other lesion components of similar reflectivity based on OCT characteristics alone, one OCT grading convention in this study was to assign the generic label “subretinal tissue” to all hyperreflective material identified in the subretinal space. Thus, “subretinal tissue volume” in this study is not equivalent to “type 2 CNV volume.”
This study was designed to analyze and compare quantitatively the appearance of various angiographic subtypes of active CNV lesions on OCT. Consistent with our hypothesis, eyes with classic CNV components demonstrated the highest percentage and greatest volume of subretinal tissue on OCT images, whereas eyes with occult with no classic CNV showed the highest percentage and greatest volume of PEDs. This is in accordance with qualitative observations in previously published reports. To the authors knowledge, however, this is the first report providing quantitative measurements for comparison of various spaces on OCT other than the neurosensory retina. Interestingly, the mean PED volume in eyes with occult with no classic CNV was higher than in eyes with minimally classic and predominantly classic CNV, although in our series, 20 of 23 eyes with minimally classic CNV and 3 of 11 eyes with predominantly classic CNV appeared to have occult components visible on angiography. One possible explanation for this finding is that occult with no classic CNV lesions (with sub-RPE disease alone) were more likely to grow in the sub-RPE space for an extended period before manifesting with symptoms or other signs, such as a breakthrough of exudation into the subretinal space, prompting diagnosis and treatment.

Intra- and subretinal fluid accumulation have been observed in eyes with angiographically active CNV lesions and have been assumed to be signs of activity. Therefore, some studies proposed OCT guided retreatment criteria for neovascular AMD based on retinal volume and presence of subretinal fluid. Indeed, in our study, most eyes demonstrated retinal cystoid spaces and/or subretinal fluid accumulation. Four eyes, however, presented with leakage on FA but without subretinal fluid or cystoid spaces on OCT; a finding also described by Eter and Spaide. Three of those four eyes where classified as occult with no classic CNV and one as minimally classic CNV. It seems possible that leakage on FA may not be visible as intra- or subretinal fluid on OCT, if the fluid is pumped out by the RPE just as quickly as it leaks, or if a healthy outer retinal barrier prevents leakage from type 1 CNV from diffusing through the RPE layer. However, since time domain (StratusOCT) imaging captures only a small area of the retina, it is also possible that subretinal fluid or cystoid spaces were in fact present, but not captured by one of the six OCT B-scans. Vice versa, intra- and subretinal fluid accumulation on OCT often correlates with leakage or pooling on FA, but such leakage may not be clearly apparent on the commonly used angiographic time frames (up to 10 minutes), if the source of leakage is very small and leakage is slow. Retinal degeneration in old or chronic CNV lesions may also be associated with loss of neuronal retinal tissue and formation of cystoid spaces without the presence of leakage from active CNV on FA.

In our study, eyes with predominantly classic CNV showed the highest percentage of subretinal fluid. Eyes with occult with no classic CNV demonstrated the lowest percentage of cystoid edema and the smallest volumes of retina and subretinal fluid compared with the other groups. However, there was no significant difference between groups regarding the volume of retina and subretinal fluid. This is in accordance with findings from Hughes et al., who did not observe a difference in retinal edema and cystoid spaces between eyes with classic and occult CNV. It seems likely that classic CNV may cause retinal or subretinal fluid accumulation, whereas the outer retinal barrier may prevent leakage from occult CNV from passing through the RPE layer in some cases. Occult CNV may eventually induce a breakdown of the outer retinal barrier. RAP lesions in contrast are very likely to show cystoid edema, as leakage from the pathologic vessels (presumed to be intraretinal) can easily diffuse within the retina. In our study, eyes with RAP demonstrated the highest percentage of cystoid edema.

Limitations of this study include the relatively small sample, and the interpolation of data from six radial line StratusOCT B-scans to generate volume data. In addition, in eyes with poor fixation, the six scans will likely not be centered in one point, causing additional errors in volume calculation. The new Fourier domain OCT (FDOCT) devices could address some of these concerns. The high scanning speeds achievable with FDOCT devices confer greater resistance to fixation errors and permit a higher sampling density of the scanned region, requiring less interpolation between sampled locations. Unfortunately, automated segmentation algorithms in FDOCT devices have yet to be validated for complex diseases such as neovascular AMD, and grading every B-scan in a dense FDOCT volume acquisition for a large number of patients is not feasible. Manual correction of a more limited set of scans appears to be a reasonable compromise until the segmentation software associated this new technology matures.

In conclusion, quantitative analysis of OCT images allows for a more precise analysis of anatomic differences between various angiographic subtypes of CNV lesions in neovascular AMD. Quantitative analysis of changes in retinal volume, subretinal fluid, subretinal tissue or PED volumes over time in clinical trials may improve our understanding about differences between classic CNV, occult CNV and RAP in the natural course of the disease or in response to treatment. These findings may also facilitate the development of a new classification.

### Table 3. Volume Ratios of Various Spaces on OCT B-Scans

<table>
<thead>
<tr>
<th>OCT Parameter</th>
<th>Occult with No Classic (n = 24)</th>
<th>Minimally Classic (n = 23)</th>
<th>Predominantly Classic (n = 11)</th>
<th>RAP Stage III (n = 8)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Retina</td>
<td>Mean ± SD (min-max)</td>
<td>Mean ± SD (min-max)</td>
<td>Mean ± SD (min-max)</td>
<td>Mean ± SD (min-max)</td>
</tr>
<tr>
<td></td>
<td>2.58 ± 1.92 (0.78–9.75)</td>
<td>4.04 ± 3.56 (0.72–14.91)</td>
<td>5.37 ± 6.85 (1.10–24.53)</td>
<td>4.74 ± 3.46 (1.50–10.69)</td>
</tr>
<tr>
<td>Subretinal fluid</td>
<td>Mean ± SD (min-max)</td>
<td>0.06 ± 0.09 (0.00–0.30)</td>
<td>0.28 ± 0.39 (0.00–1.25)</td>
<td>0.13 ± 0.16 (0.00–0.57)</td>
</tr>
<tr>
<td>Subretinal tissue</td>
<td>Mean ± SD (min-max)</td>
<td>0.01 ± 0.03 (0.00–0.15)</td>
<td>0.17 ± 0.10 (0.00–0.79)</td>
<td>0.09 ± 0.10 (0.03–0.31)</td>
</tr>
<tr>
<td>PED</td>
<td>Mean ± SD (min-max)</td>
<td>0.26 ± 0.25 (0.00–0.91)</td>
<td>0.09 ± 0.11 (0.00–0.43)</td>
<td>0.06 ± 0.13 (0.00–0.44)</td>
</tr>
<tr>
<td>Inner retinal height from choroid</td>
<td>Mean ± SD (min-max)</td>
<td>2.90 ± 2.08 (0.93–10.56)</td>
<td>4.58 ± 3.93 (0.89–16.54)</td>
<td>5.73 ± 7.02 (1.44–25.37)</td>
</tr>
<tr>
<td></td>
<td>7.02 ± 5.12 (3.46–11.85)</td>
<td>3.56 ± 2.57 (3.09–4.42)</td>
<td>5.12 ± 3.48 (2.00–11.04)</td>
<td>6.85 ± 4.74 (3.46–11.85)</td>
</tr>
</tbody>
</table>

Volume ratios are the cubic millimeters of each space on OCT/MPS DA of the total CNV lesion on FA.
system for CNV lesions which incorporates both angiographic and OCT morphologic characteristics for more precise characterization of lesion subtypes in neovascular AMD.

References