Multidisciplinary Ophthalmic Imaging

In Vivo Imaging of a New Indocyanine Green Micelle Formulation in an Animal Model of Laser-Induced Choroidal Neovascularization


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PURPOSE. We investigated a novel formulation of indocyanine green (ICG/HS 15) in an animal model of laser-induced choroidal neovascularization (CNV).

METHODS. The ICG was formulated with the nonionic solubilizer and emulsifying agent Kolliphor HS 15 to create ICG/HS 15 to improve the chemical stability and fluorescence efficacy. In vivo imaging was performed in rats that had undergone laser photoocoagulation. Retinal uptake and fluorescence intensity of ICG and ICG/HS 15 were compared following intravenous injection of 3 dosages (0.05, 0.1, and 0.15 mg/kg body weight) at 7, 14, and 21 days following laser treatment. Postmortem analysis included histology with frozen sections and flat mounts.

RESULTS. Immediately following injection of ICG or ICG/HS 15, a strong fluorescence was visible in the retinal vasculature and at the site of laser lesions. Pixel intensity was higher for ICG/HS 15 compared to conventional ICG at 8 minutes after injection for all different injection days and dosages. Over time, a continuous decrease of the fluorescent signal was observed for up to 60 minutes to baseline level. Flow cytometry data showed an increased uptake of micellar dye of macrophages and endothelial cells. Histology revealed an accumulation of the micellar dye within the laser lesion.

CONCLUSIONS. Micelle formulated ICG can be visualized in the retinal vasculature and laser-induced CNV in vivo and ex vivo. Micellar ICG/HS 15 showed in vivo stronger signal intensity when compared to ICG for all tested dosages. Following further investigations, ICG/HS 15 may be evaluated in patients with retinal and choroidal diseases for more refined diagnosis.

Keywords: indocyanine green, micelle formulation, micelles, Kolliphor, in vivo imaging, laser-induced choroidal neovascularization

The tricarbocyanine dye indocyanine green (ICG) is a watersoluble, protein-bound substance used for various diagnostic purposes.1,2 A key advantage of ICG is the absorption and emission maxima in the near-infrared (600–900 nm) spectral range that allows for deep tissue penetration.3 In case of overlying hemorrhages, the use of long wavelengths also is particularly helpful for the visualization of the underlying vasculature.4 Common medical applications include visualization of blood flow in different organs and screening of inflammation in rheumatoid arthritis.5–12 In ophthalmology, ICG has been used for both diagnostic purposes and surgical interventions.13–16 For the former, intravenous injection of ICG into the blood enables retinal and choroidal angiography. It has proven useful in various retinal and macular diseases, including particular phenotypes of exudative age-related macular degeneration, such as occult choroidal neovascularization (CNV), retinal angiomatous proliferations (RAP), and polypoidal choroidal vasculopathy (PCV). The ICG-angiography procedure also is used in posterior uveitis syndromes. Finally, ICG has been introduced as a staining dye during vitrectomy for visualizing the internal limiting membrane (ILM) before peeling.17

Due to its chemical characteristics, ICG tends to form aggregates in aqueous solution, like dimers, oligomers, and polymers (depending on the concentration of the dye).15,16–21 As a result, self-quenching of ICG subsequently occurs, causing reduced fluorescence efficacy. In aqueous solution, ICG exhibits a half-life of 16.8 ± 1.5 hours when stored in the dark (1 mg/L ICG). Due to strong protein binding and rapid uptake into the liver, ICG shows an initial half-life of 3 to 4 minutes when injected intravenously.1,5,18 Using dynamic ICG angiography, Flower and Hochheimer22,23 have taken advantage of these chemical characteristics to absolutely quantify the ICG concentration in the blood vessels at any time in vivo.

New developments in retinal imaging technology allow for better visualization with improved resolution and enhanced image contrast of the posterior pole of the eye in vivo. During recent years, in vivo imaging of rodents in experimental eye disease models by using the confocal scanning laser ophthalmoscope (cSLO) has been applied increasingly.24–29 For example, imaging of real-time retinal cell apoptosis25 and laser-induced CNV has been reported.30–34

The aim of the current study was to develop a new formulation of ICG with better chemical stability and modified
fluorescence characteristics, and to test this molecule in vitro and in an animal model with in vivo and ex vivo correlations. The potentially better and longer visualization of this modified dye may be helpful for an improved detection and monitoring of pathological alterations in various eye diseases.

**Materials and Methods**

**Animals**

All procedures were approved by local authorities (Landesamt für Natur, Umwelt und Verbraucherschutz, Nordrhein-Westfalen, Germany, AZ 84-02.04.2011.A225) and complied with the Association for Research in Vision and Ophthalmology (ARVO) Statement for the Use of Animals in Ophthalmic and Vision Research. A total of 30 male adult Dark Agouti rats, each weighing 200 to 250 g, was anesthetized for all procedures by intraperitoneal injection of a 20% atipamezol (1 mL/kg) solution. Topical 0.5% tropicamide (Mydriaticum Stulln; Pharma Stulln GmbH, Stulln, Germany) and 10% phenylephrine (Neo-Synephrin-PO8; Ursapharm, Saarbrücken, Germany) eye drops were administered for pupillary dilation of both eyes.

**Laser Photocoagulation**

Retinal laser lesions were generated at day 0 to induce CNV formation. The animals were positioned before a slit-lamp laser delivery system. The fundus was visualized using a slide positioned on the cornea with 2% hydroxypropyl methylcellulose (OmniVision, Puchheim, Germany) as an optical coupling agent. An argon laser (Novus2000; Coherent, Düsseldorf, Germany) was used for photocoagulation (excitation, 514 nm; pulse duration, 0.1 second; laser power, 150 mW; and spot size setting, 100 μm). In all eyes, a series of six laser lesions were placed concentrically around the optic nerve head.

**ICG Dyes**

Two different ICG probes were investigated herein: the conventional, commercially available ICG dye (Pulsion, Feldkirchen, Germany) and a newly developed encapsulated ICG dye formulation. For the latter, ICG (Cardiogreen Standard Fluka; Sigma-Aldrich, Hamburg, Germany) was formulated with the nonionic solubilizer and emulsifying agent Kolliphor HS 15 (BASF Ludwigshafen, Germany), also known as 2-hydroxyethyl 12-hydroxyoctadecanoate, to create ICG/HS 15 (mivenion GmbH, Ludwigshafen, Germany). Kolliphor HS 15 is amphiphilic, soluble in water, and exhibits a low toxicity and viscosity in rats and dogs. One ICG molecule was encapsulated with 2000 molecules Kolliphor HS 15 to create a stable and spherical micelle (Fig. 1C). The micelles exhibit an average diameter of 13 nm. The absorption maximum is at 798 nm, and spherical micelle (Fig. 1C). The micelles exhibit an average diameter of 13 nm. The absorption maximum is at 798 nm, and the emission maximum is at 825 nm (in aqua dest).

The ICG/HS 15 was prepared under sterile conditions and carried over in phosphate-buffered saline solution (PBS). After encapsulating ICG with Kolliphor HS 15, the dye was lyophilized by the manufacturer (mivenion GmbH). Lyophilized ICG/HS 15 was stored at 2° to 6°C. Both dyes were reconstituted on the day of injection to a concentration of 1 mg/mL with distilled water (Ampuwa; Fresenius Kabi, Bad Homburg, Germany).

A low, medium, and high dose (0.05, 0.1, and 0.15 mg/kg body weight [b.w.], respectively) for conventional ICG and ICG/HS 15 were each tested in five individual animals (n = 30), respectively (Tables 1, 2). Each animal underwent serial intravenous injection of the identical dye and concentration followed by in vivo fluorescence imaging at days 7, 14, and 21.

**Fluorescence-Activated Cell Sorting (FACS)**

For cellular studies, Dye700 (mivenion GmbH), a dicarbocyanine analogue to ICG, was encapsulated into Kolliphor HS 15 and used for microscopy and FACS studies (absorption maximum 685 nm, fluorescence emission maximum 715 nm). Human hematopoietic cell line U937 was routinely propagated as follows: RPMI medium, with 10% fetal calf serum (FCS) and penicillin/streptomycin (all from PAN-Biotec, Aidenbach, Germany) was added. Cells were seeded...
into medium at $1 \times 10^5$ cells/mL, cultured at 37°C with 5% CO$_2$, and split 1:30 two times a week. The U937 cells were differentiated toward the macrophage phenotype by incubation with 10 nM phorbol myristate acetate (PMA; Calbiochem, San Diego, CA, USA) for 5 days (U937/PMA). Human umbilical vein endothelial cells (HUVEC) were cultured in endothelial cell growth medium with supplement-mix (PromoCell GmbH, Heidelberg, Germany). This investigation was carried out according to the principles outlined in the Declaration of Helsinki for medical research involving human subjects (2008).

Cells were seeded into medium at $2 \times 10^4$ cells/mL, cultured at 37°C with 5% CO$_2$ up to 80% of confluence and then split 1:4. For FACS analysis, $2 \times 10^5$ cells/mL cells were cultured in 24-well plates with normal culture medium or medium containing 10$^{-6}$ M test substance for 3 hours. Thereafter, cells were washed with PBS and detached with 200 µL/well accutase (PAA) and washed two times with PBS. Cells were fixed with 500 µL 3% paraformaldehyde for 10 minutes at 4°C, stopped with 2 mL PBS and centrifuged at 250g for 10 minutes at 4°C. Supernatants were removed and cells were suspended in 200 µL PBS with 0.5% bovine serum albumin (Carl Roth GmbH & Co. KG, Karlsruhe, Germany). Fixed cells were kept at 4°C until analyzed in a FACS Calibur analysis instrument (Becton-Dickinson, East Rutherford, NJ, USA).

### Table 1. Qualitative Analysis of the In Vivo Images Illustrating the Time Period of Visible Fluorescence in the Retinal Vessels (Using In Vivo Images at +12 D) After Injection of Conventional ICG or ICG/HS 15 (Mean Time Point for all Tested Days Following Photocoagulation)

<table>
<thead>
<tr>
<th>Tested Dye</th>
<th>Concentration</th>
<th>Dosage, mL</th>
<th>Dosage Level</th>
<th>Time Period of Visible Fluorescence in Retinal Vessels, Mean Min</th>
</tr>
</thead>
<tbody>
<tr>
<td>ICG</td>
<td>0.05 mg/kg b.w.</td>
<td>0.2</td>
<td>Low</td>
<td>D7 50 60 D14 60 D21 60 Median 51.78 P 0.004</td>
</tr>
<tr>
<td>ICG/HS 15</td>
<td>0.1 mg/kg b.w.</td>
<td>0.4</td>
<td>Medium</td>
<td>60 60 60 60 60</td>
</tr>
<tr>
<td>ICG</td>
<td>0.15 mg/kg b.w.</td>
<td>0.6</td>
<td>High</td>
<td>60 60 60 60 60 0.77</td>
</tr>
</tbody>
</table>

Statistical analysis was calculated with Mann-Whitney U test. D, days following laser treatment.

In Vivo Imaging With Scanning Laser Ophthalmoscope

All images were performed using confocal scanning laser ophthalmoscopy (HRA2; Heidelberg Engineering, Heidelberg, Germany). Anesthetized animals were placed on a customized platform in front of the camera lens. A heat pad together with an animal rectal probe was used to ensure constant body temperature at approximately 37°C. A 55° lens was used to achieve wide field images (all degree values calibrated for the human eye). Both eyes were imaged successively in the near infrared reflectance and near infrared fluorescence mode in a single and standardized session to compare different dyes and their concentrations. For near-infrared fluorescence imaging, the laser power was set at 100% (approximately 2.7 mW) and the detector sensitivity at 92% (high resolution mode), respectively. To improve the signal-to-noise ratio and to enhance image contrast, a mean image of a series of single images (100 frames acquired over 21.28 seconds) was calculated after correction of body movements. Fluorescence images were taken before dye injection and at predefined time points following dye injection (2, 4, 6, 8, 10, 20, 30, 40, 50, and 60 minutes, and 24 hours). At each time point, images with four different focus settings (+12, +8, +4, and 0 diopters [D]) were obtained. Using the confocal optics, this approach allows for the acquisition of sectional scans through the rat retina for investigation of the depth location of the detected fluorescence signal.

To prevent cataract formation and optimize image clarity, lubricating eye drops (Oculotect fluid 50 mg/mL; Novartis Pharma, Nürnberg, Germany) were placed on the eyes every 1 to 2 minutes. In vivo imaging was followed by topical administration of Corneregel (Bausch & Lomb, Berlin, Germany).

Image Analysis

The pharmacokinetics with the fluorescence characteristics for both dyes and their three different concentrations were evaluated. Identical time points (prior, and 8, 22, 42, 52, 62 minutes, and 24 hours following dye application) were compared. Fluorescence intensity within major retinal blood vessels, inside the laser lesions, and the background was specifically analyzed. In addition, the visibility of fluorescence in large choroidal vessels within the background was determined. For quantitative analysis, nonnormalized images were processed and their pixel intensity analyzed. Images with

### Table 2. Qualitative Analysis of the In Vivo Images Illustrating the Time Period of Visible Fluorescence in the Choroidal Vessels (Using In Vivo Images at +4 D) After Injection of Conventional ICG or ICG/HS 15 (Mean Time Point for all Tested Days Following Photocoagulation)

<table>
<thead>
<tr>
<th>Tested Dye</th>
<th>Concentration</th>
<th>Dosage, mL</th>
<th>Dosage Level</th>
<th>Time Period of Visible Fluorescence in Choroidal Vessels, Mean Min</th>
</tr>
</thead>
<tbody>
<tr>
<td>ICG</td>
<td>0.05 mg/kg b.w.</td>
<td>0.2</td>
<td>Low</td>
<td>D7 7 5.6 D14 17.4 25.6 D21 15.2 Median 19 P 0.0001</td>
</tr>
<tr>
<td>ICG/HS 15</td>
<td>0.1 mg/kg b.w.</td>
<td>0.4</td>
<td>Medium</td>
<td>5.6 5.4 5.6 5.6 6 0.0001</td>
</tr>
<tr>
<td>ICG</td>
<td>0.15 mg/kg b.w.</td>
<td>0.6</td>
<td>High</td>
<td>7.4 6.4 6.8 7 0.0001</td>
</tr>
<tr>
<td>ICG/HS 15</td>
<td>23.6 28.6 29.6 27.67</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Statistical analysis was calculated with Mann-Whitney U test.
Additionally to light microscopy, some eyes were processed for retinal and sclerochoroidal flat mounts as described previously and examined with fluorescent microscopy. Following enucleation and fixation, eyes were washed (in 0.1 mol PBS) and the anterior part was removed. The retina and choroid were separated. Both segments were incubated with vWF at 4°C overnight (dilution of 1:10,000). The next, flat mount sections were incubated for one hour at room temperature with Alexa Fluor® 488 goat anti-rabbit IgG (Invitrogen Molecular Probes, Eugene, OR, USA) for vWF staining (dilution of 1:150). Finally, flat mounts were rinsed and coverslips were placed over the segments with Shandon Immumount medium (Thermo Scientific, Fisher, UK). All fluorescent images were collected from an Olympus fluorescence microscope (IX71; Olympus, Hamburg, Germany) using a ×10 or ×40 objective and filter set for a fluorescein set (excitation filter wavelength, 480/40 nm; emission filter wavelength, 535/50 nm) and a set for Dye700 (excitation filter wavelength, 660 nm; emission filter wavelength, 700/40 nm).

**RESULTS**

**Properties of ICG/HS 15 and In Vitro Experiments**

Encapsulating of ICG with Kolliphor HS 15 (Figs. 1A–C) was achieved to improve the chemical stability and fluorescence efficacy of ICG in aqueous solution. ICG/HS 15 demonstrated in vitro a twice higher fluorescence intensity measured by FACS than conventional ICG (Fig. 1D). The maximum of fluorescence intensity of ICG/HS 15 exhibited a shift to longer wavelengths compared to conventional ICG (Fig. 1D). Also the chemical stability in aqueous solution (Fig. 1E) of ICG/HS 15 was increased for up to 30 days in contrast to 1 day for conventional ICG. In addition, analysis of FACS data showed an increased uptake of micellar Dye700/HS 15 comparing to free Dye700 of U937/PMA macrophages and HUVEC endothelia cells in vitro (Figs. 1F, 1G).

**In Vivo Imaging and Pharmacokinetics**

In vivo imaging before dye application showed ill-defined retinal lesions at the site of laser damage (Figs. 2, 3), but no fluorescence signal was detectable. Following dye application, a strong fluorescence was immediately visible (Fig. 3) with slow decline in fluorescence intensity over time. This observation was made with both dyes at all three tested concentrations and at all three tested time points after laser treatment, although variations in the signal strength and the duration of any detectable fluorescence following injection were found (Fig. 3; Tables 1, 2).

The strongest fluorescence was visible within major retinal vessels that immediately occurred; that is, it was detected at the earliest time point (60 seconds). At the site of laser lesions, a slightly weaker fluorescence signal with a halo-like appearance was observed a couple of minutes following dye injection. Typically, the center itself remained unstained surrounded by a hyperfluorescence ring (Fig. 3). Furthermore, a weak fluorescence of the background that presumably originated from the choroid was observed. The latter fluorescence initially was detectable at the site of laser lesions (Figs. 2, 3), but no fluorescence signal was visible after 60 seconds. However, it disappeared much faster compared to the fluorescence signal within retinal vessels and at the site of laser lesions. For the higher dye concentrations, even large choroidal vessels could be distinguished up to 7 minutes for conventional ICG and 28 minutes after injection of ICG/HS 15 (Table 2).

Comparing different concentrations of the same dye, the qualitative assessment revealed that higher dosages always
were correlated with higher signal strength and longer observation of detectable fluorescence signal within retinal vessels, laser lesions, and the background (for details, see Tables 1, 2). Comparing directly ICG to ICG/HS 15 with identical dye concentrations, the stronger and longer visible fluorescence always was seen with ICG/HS 15 (Fig. 3; Tables 1, 2). No matter what concentration or dye tested, no clear difference in the decay of fluorescence was seen.

Quantitative Analysis of In Vivo Fluorescence

The more detailed quantitative analysis (Fig. 4) of mean pixel intensities at the sites of retinal vessels, laser lesions, and the background did confirm the qualitative observations. The fluorescence intensity always was higher for ICG/HS 15 compared to conventional ICG at all three time points. Even the signal intensity for the low ICG/HS 15 dosage was higher compared to the high dosage of conventional ICG (Fig. 4). The fluorescence overall was much more pronounced after 8 minutes compared to 62 minutes following intravenous dye injection as well as for the signal within retinal vessels (Fig. 4A) compared to the similar signal strength of laser lesions (Fig. 4B) and the background (Fig. 4C). At 8 minutes, an obvious dose-dependent increase in signal intensity at the site of the laser lesions and in the background for both dyes was observed with higher dye concentrations. Corresponding to retinal vessels (Fig. 4A), the signal strength of ICG/HS 15 already was close to the maximum possible pixel values at the lowest dose. No clear increase in signal intensity with higher dosage was seen (using the standardized settings for laser power and detector sensitivity). In contrast, a dose-dependent increase in signal strength (Fig. 4A) was observed within the retinal vessels for conventional ICG.

The differences between ICG/HS 15 and ICG leveled off over time. At 20 minutes, there still was a trend for higher fluorescence for ICG/HS 15 with almost no difference after 40
to 50 minutes following dye application, reaching the range of the baseline fluorescence intensity values. No fluorescent signal was detectable 24 hours after dye application for a low, medium, or high dosage of either ICG/HS 15 or ICG (Fig. 3), regardless of dye concentration and day of application. There were only subtle differences of the fluorescence intensity for ICG and ICG/HS 15, and for the identical concentrations between different days after laser treatment (Fig. 4).

**Histology and Immunohistochemistry**

Immunohistochemistry of frozen cross-sections as well as retinal and choroidal flat mounts showed accumulation of the micellar formulated Dye700/HS 15, used here as analogue to ICG/HS 15 due to the better ability of detection in the microscope setting, within the laser lesions and choroid (Fig. 5A). The macrophage marker CD68 (Fig. 5B) as well as the microglia marker Iba1 (Fig. 5C) were correlated with Dye700/HS 15 accumulation within laser lesion and the choroidal layer. In addition, free and nonphagocytized Dye700/HS 15 also was visible. Neither colocalization of Dye700/HS 15 after staining with anti-cytokeratin (CKpan, data not shown) nor colocalization of Dye700/HS 15 after staining of blood vessels with vWF was detectable (Fig. 5D). Frozen cross-section of liver, spleen, and kidney also showed an accumulation of Dye700/HS 15, illustrating the pharmacokinetics of micellar formulated Dye700 and the retention via kidney and liver (Supplementary Fig. S1). Immunohistochemical analysis of retinal and choroidal flat mounts (Fig. 5E) revealed accumulation of Dye700/HS 15 within the laser lesions, while the signal at the level of the choroid was much stronger compared to the intensity seen at the level of the retina. Endothelial staining with vWF showed dye accumulation with the choroid and retinal vessels, but not within laser lesions at the level of the retina.
mount preparations (A). Laser lesions was detected in frozen sections (B–D) days following laser treatment. A staining of Dye700/HS 15 within the lesions, showing overall higher signal intensities compared to visualized in vivo in the retinal vasculature and within laser lesion and choroid, but also free dye in the laser lesion was visible. Dye700/HS 15 with CD68 as well as Iba1 were observed in the site of row 3 fluoro microscopy with the laser lesion and choroid (F). The overlay of the latter with a frozen mounts. (modified) ICG after encapsulating or coating the dye.36,38,43–47 Kolliphor HS 15, which was used in this study, has been tested broadly as surfactant in drug formulation, and has shown high tolerability and safety in many biological systems.48–50 These reports are in accordance with no observations of any toxic effects of micellar formulated ICG or Dye700 in vivo (Fig. 3) or ex vivo (Fig. 5, Supplementary Fig. S1). Indocyanin green is used for fluorescence angiography in ophthalmology in clinical routine and for research application.14,22 Quenching phenomena of ICG have been used by ophthalmology in clinical routine and for research applica-
cional ICG is preserved. This assumption is supported by the observation that no fluorescence of ICG/HS 15 was visible 24 hours after dye injection. The findings of this study would imply that the amount of dye may be reduced in a potential human application with the encapsulated ICG/HS 15, yielding an equal fluorescence compared to higher doses of conventional ICG. Using identical dye concentrations, ICG/HS 15 may be visible longer. At the same time, it appears conceivable that the lack of tissue staining that has been regarded as an advantage of conventional ICG is preserved. This assumption is supported by the observation that no fluorescence of ICG/HS 15 was visible 24 hours after dye injection. The highest dose of ICG used in this study in rats roughly corresponds to the well-established concentration for ICG angiography in humans. According to the user information for ICG (Pulsion) the recommended dosage is 0.1 to 0.3 mg/kg b.w. Based on our results (Fig. 4), we would estimate that the
potentially required dose of ICG/HS 15 for fluorescence angiography in patients would be in the order of two-thirds lower compared to ICG (Fig. 4A).

Upon further investigations in animal models, ICG/HS 15 opens potential applications in patients with various retinal and choroidal diseases14 for more refined diagnosis. A clinical pilot-study testing micellar ICG/HS 15 in humans and the possible ophthalmological application is planned.

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