Onset of Changes in Glucose Transport Across Ocular Barriers in Streptozotocin-Induced Diabetes

Joseph DiMattio, Jose A. Zadunaisky, and Norman Altszuler

In a previous study, measurements were made of facilitated and passive transport of glucose, using \(^{3}\)H-3-O-methyl-D-glucose and \(^{14}\)C-L-glucose, respectively, across blood-aqueous and blood-vitreous barriers in long-term streptozotocin-diabetic rats. It was found that passive transport was increased, while facilitated transport was decreased, possibly due to saturation of the transport system. The present study examines the appearance of these changes in glucose transport at various times following streptozotocin (STZ) injection. Passive transport, as indicated by the L-glucose rate constant, began to increase at about 10 days following induction of diabetes, stabilized at the elevated rates at 50–60 days and persisted during the 170-day period of observation. Rate constants for \(^{3}\)H-3-O-methyl-D-glucose transport decreased within 1 day following induction of diabetes. Prevention of hyperglycemia by insulin treatment upon onset of diabetes prevented the latter changes ruling out a direct effect of STZ. Glucose infusion into normal rats produced a similar decrease in 3-O-methylglucose transport constants suggesting that hyperglycemia was responsible for the early decrease in facilitated transport found in the diabetic rats. It is speculated that increased passive transport of glucose may reflect an early loss in ocular barrier integrity. The later decrease in carrier facilitated transport cannot be explained by hyperglycemia alone and, thus, a loss in carrier function is suggested. Despite a decrease in facilitated transport, absolute glucose entry rates are increased in the diabetic due to elevated plasma glucose, which serves as an inward driving force, due to the significantly increased entry of glucose by the passive route.

Materials and Methods

All experiments were carried out in male albino Sprague-Dawley rats 200–300 g, under sodium pentobarbital anesthesia (50 mg/kg, ip) with methods conforming to the ARVO Resolution on the Use of Animals in Research. Streptozotocin (65 mg/kg) was dissolved in citrate buffer solution (0.09 M in Saline, pH 9.5) immediately before injection into a tail vein. Plasma glucose was elevated within 24 hr and remained elevated, as determined by periodic monitoring of urine or blood using respectively, Keto-Diastix (Miles Laboratories; Elkhart, IN) or glucose oxidase, using the Beckman Glucose Analyzer (Beckman Instruments; Fullerton, CA).

The animals received no insulin except in some acute experiments as indicated, and in such cases all animals had demonstrated urinary glucose prior to insulin administration. All other animals had plasma-glucose levels higher than 300 mg/dl at the time ocular transport was studied.

Each experiment was performed using double-labeling with \(^{3}\)H-3-O-methyl-D-glucose and \(^{14}\)C-L-glucose, thus allowing the determination of transport rates of both D- and L-glucose in each test animal. The procedure for determining blood ocular transport rate has been outlined in detail previously. In sum-
Table 1. Acute effects of streptozocin-induced diabetes on ocular glucose transport in rats

<table>
<thead>
<tr>
<th>Days post-STZ</th>
<th>Plasma glucose (mg/dl)</th>
<th>Entry rate constant $K_i$ (min$^{-1}$)</th>
<th>Entry rate constant $K_e$ (min$^{-1}$)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>3-O-methylglucose</td>
<td>L-glucose</td>
</tr>
<tr>
<td>Control (14)*</td>
<td>154 ± 18†</td>
<td>0.067 ± 0.006</td>
<td>0.013 ± 0.002</td>
</tr>
<tr>
<td>1</td>
<td>340</td>
<td>0.051</td>
<td>0.014</td>
</tr>
<tr>
<td>2</td>
<td>362</td>
<td>0.046</td>
<td>0.013</td>
</tr>
<tr>
<td>2</td>
<td>387</td>
<td>0.061</td>
<td>0.011</td>
</tr>
<tr>
<td>3</td>
<td>426</td>
<td>0.061</td>
<td>0.011</td>
</tr>
<tr>
<td>3</td>
<td>539</td>
<td>0.046</td>
<td>0.013</td>
</tr>
<tr>
<td>5</td>
<td>460</td>
<td>0.052</td>
<td>0.014</td>
</tr>
<tr>
<td>7</td>
<td>484</td>
<td>0.044</td>
<td>0.013</td>
</tr>
<tr>
<td>7</td>
<td>510</td>
<td>0.059</td>
<td>0.017</td>
</tr>
<tr>
<td>9</td>
<td>440</td>
<td>0.058</td>
<td>0.015</td>
</tr>
<tr>
<td>Mean + SD</td>
<td>444 ± 76†</td>
<td>0.050 ± 0.007</td>
<td>0.013 ± 0.002</td>
</tr>
</tbody>
</table>

* Number of experiments.
† Mean + SDM.
‡ $P > 0.05$; statistical analysis based on Student’s $t$-test.

mary, a bolus injection of labeled material is introduced into a cannulated femoral vein of an anesthetized Sprague Dawley rat. From 0–18 min, small samples of blood (100 μl) are withdrawn at about 2-min intervals and replaced with saline. At 18 min, a final sample of blood is obtained, the eyes are quickly removed and measured volumes (10–25 μl) of aqueous and vitreous humor are obtained. The $^{14}$C and $^3$H in each sample of plasma, aqueous humor, and vitreous humor are counted by liquid scintillation spectrometry with appropriate corrections for channel spillover and quenching performed with computer assistance to yield concentrations of label in DPM/ml. The plasma concentration ($C_p$) data are plotted with time and an equation of the form:

$$C_p = A + B e^{-bt_1} + C e^{-bt_2} \quad \text{(Eq. 1)}$$

is graphically fit to the data. The constants $A$, $B$, $C$, $b_1$ and $b_2$ are determined from a best fit to the data. Ocular concentrations obtained at 18 min, along with the determined plasma constants that define the blood function and previously determined steady state values were analyzed to give the transport constants, $K_i$, using a model described previously.$^{1,3}$ The model accounts for passive, active and bulk transport of fluid into the ocular compartments, but it can be simplified for L-glucose and 3-O-methyl-D-glucose transport to give the following equation:

$$\frac{dC_A}{dt} = K_i C_p - K_o C_A \quad \text{(Eq. 2)}$$

where $C_A$ and $C_p$ refer to concentrations of test substance in aqueous (or vitreous) and plasma, respectively. For both L-glucose and 3-O-methyl-D-glucose steady state values of aqueous to plasma and vitreous to plasma concentration ratios approach 1.0, thus $K_i = K_e$ and consequently only $K_i$ is used here. Evidence for this has been presented previously.$^1$ Rate constants for entry and exit, $K_i$ and $K_o$ (min$^{-1}$), respectively, are determined by a computer solution to the above equation and reflect a fractional change in ocular compartment concentration occurring per unit of time. Thus, the rate constants measure how fast the ocular compartment concentration of labeled substance is changing and since neither tracer is utilized in the body the rate constants assess barrier function and integrity. Absolute mass transport entry rates are directly proportional to both the transport rate constant, $K_i$, and the prevailing plasma glucose concentration, $C_p$.

Results

As shown in Table 1, plasma glucose levels rose significantly as early as 1 day after streptozotocin injection. This is similar to observations reported by others in rats.$^{5-7}$ One day after streptozotocin, there also is a significant decrease in 3-O-methylglucose transport constants for both ocular barriers. This early decrease probably reflects decreased availability of transport carrier rather than a direct impairment of transport inasmuch as a similar decrease in transport is produced in normal rats made hyperglycemic by
glucose administration. Indeed, in normal animals at plasma glucose concentrations of 300, 400, and 500 mg/dl, the respective 3-O-methylglucose transport rate constants would be 0.049, 0.039, and 0.035 min⁻¹ for the aqueous barrier and 0.038, 0.031, and 0.024 min⁻¹ for the vitreous barrier, and these are similar to the values found in the diabetic rats. It should be noted that glucose entry rate, which is directly dependent on both the transport constant, Kₜ, and plasma glucose concentration, Cₚ, is nevertheless significantly elevated as early as 1 day after streptozotocin since the decrease in rate constant is more than offset by the increase in plasma glucose concentration in the diabetic animal.

The possibility of a direct effect of streptozotocin on glucose transport also is deemed unlikely inasmuch as short-term diabetic animals that received insulin to restore normal glucose levels did not show the decrease in facilitated glucose transport (Table 2). These animals, which exhibited hyperglycemia for several days, were given insulin, usually 5–10 U/kg, using a 1:1 mixture of Lente and regular (Iletin-Lilly; Indianapolis, IN). The dose of insulin was adjusted as needed until glucosuria disappeared (1–2 days) and ocular glucose transport measurements were made within the following 2 days. Passive transport of glucose showed little change in the first 10 days following streptozotocin. Table 1 shows the individual values obtained on specific days and

Table 2. Ocular glucose transport following insulin treatment within 7 days of streptozotocin-induced diabetes

<table>
<thead>
<tr>
<th>Plasma glucose mg/dl</th>
<th>3-O-methylglucose</th>
<th>L-glucose</th>
</tr>
</thead>
<tbody>
<tr>
<td>Control normal (3‡)</td>
<td>132 ± 21§</td>
<td>0.071 ± 0.005</td>
</tr>
<tr>
<td>STZ-Diabetic + insulin (6‖)</td>
<td>111 ± 12</td>
<td>0.078 ± 0.005</td>
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* Rate of transport across blood–aqueous barrier.
† Rate of transport across blood–vitreous barrier.
‡ Number of animals.
§ Mean + SDM.
‖ Animals received last insulin injection about 3 hr prior to experiment.

The values found in the diabetic rats. It should be noted that glucose entry rate, which is directly dependent on both the transport constant, Kₜ, and plasma glucose concentration, Cₚ, is nevertheless significantly elevated as early as 1 day after streptozotocin since the decrease in rate constant is more than offset by the increase in plasma glucose concentration in the diabetic animal.

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Table 3. Ocular glucose transport at various periods of streptozotocin-induced diabetes in rats

<table>
<thead>
<tr>
<th>Days</th>
<th>Blood–aqueous transport Kₜ (min⁻¹)</th>
<th>Blood–vitreous transport Kₜ (min⁻¹)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>0-10</td>
<td>11-20</td>
</tr>
<tr>
<td>Plasma glucose gm/dl</td>
<td>134 ± 20†</td>
<td>420 ± 61</td>
</tr>
<tr>
<td>3-O-methylglucose</td>
<td>0.068</td>
<td>+ 0.004</td>
</tr>
<tr>
<td>P</td>
<td>&lt;0.001</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>L-glucose</td>
<td>0.130</td>
<td>+ 0.002</td>
</tr>
<tr>
<td>P</td>
<td>N.S.</td>
<td>&lt;0.005</td>
</tr>
<tr>
<td>D/L transport ratio</td>
<td>5.35</td>
<td>+ 0.18</td>
</tr>
</tbody>
</table>

| 3-O-methylglucose | 0.042 | + 0.004 | 0.033 | 0.037 | 0.038 | 0.039 | 0.037 | 0.033 | 0.028 |
| P | <0.001 | <0.01 | N.S. | N.S. | <0.02 | <0.001 | <0.001 | <0.001 | <0.001 |
| L-glucose | 0.007 | + 0.001 | 0.008 | 0.007 | 0.009 | 0.011 | 0.012 | 0.012 | 0.012 |
| P | N.S. | N.S. | <0.02 | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 | <0.001 |
| D/L transport ratio | 6.17 | 4.77 | 5.13 | 3.96 | 3.66 | 2.98 | 2.61 | 2.43 |

* Number of animals; data for days 159–172 taken from previous study (1).
† Mean + SDM.
‡ P > 0.05; all statistical comparisons are made with control normal animals (days 0).
the mean value for the 10-day period, which is not significantly different from normal. However, passive transport is seen to increase thereafter, as shown in Table 3. It is increased significantly in the 11–20-day period and continues to rise slowly until it attains relatively stable values at 50–60 days and remains elevated for the remainder of the experimental period. These changes are due to the diabetic state because control normal rats kept under similar experimental conditions and similar time period did not show any changes in L-glucose transport across either the blood–aqueous or vitreous barriers (data not shown).

Table 3 also shows the values for 3-O-methylglucose transport during the course of the 172-day period of observation. As already discussed, the initial decrease in facilitated transport is attributed to saturation of glucose transport due to the hyperglycemia. There is a brief upswing in the transport rate at 21–40 days. This change occurs concomitantly with the rise in passive transport, which probably contributes to the observed rises. However, beginning at 40–50 days, the facilitated transport decreases again and remains low for the duration of the study, despite the persistent elevation in passive transport.

Table 3 also gives the ratio of D/L glucose transport rates. It is evident that in the normal rat, glucose transport occurs largely by facilitated diffusion. The D/L ratio decreases in the diabetic due to a decrease in D-glucose and increase in L-glucose transport.

Figures 1 and 2 depict graphically the glucose transport rates at the two ocular barriers. The pattern of changes in transport of 3-O-methylglucose and L-glucose are clearly evident. Since passive transport is available to both sugars, subtraction of passive transport from the observed transport of 3-O-methylglucose may give a more appropriate measure of facilitated glucose transport. Such corrected transport rates are shown by the line drawn across the bar graphs. It can be seen that the rise in measured facilitated transport, observed or corrected, occurring at 21–40 days is not sustained, and, indeed, the rates decline despite the continued increased rates of passive transport. The corrected transport rates in the final period are significantly lower (P < 0.001) than those at 30–40 days suggesting a progressive impairment of carrier function.

Discussion

A main finding in this study is that passive glucose transport begins increasing soon after the onset of diabetes. The rise begins at about 10 days following induction of diabetes, continues slowly up to 50–60 days, and stabilizes at the elevated values beyond that period. The increase in permeability to glucose occurs at both the aqueous and vitreous barriers. This is in agreement with the observations that there is greater passive penetration of fluorescein into the vitreous humor in diabetic humans than in normal subjects. It is of in-
Fig. 2. Rates of facilitated and passive transport of glucose across the vitreous humor. Legends same as in Figure 1.

It is of interest that although hyperglycemia occurs within hours after STZ injection, significant increases in passive transport of glucose begin to occur only after 10 days. The reasons for the slow changes in permeability to glucose are not known. Conceivably, this may involve development of structural changes or biochemical adaptations, but these possibilities need to be explored.

These altered rates of permeability to L-glucose may reflect changes either in the vascular supply to the eye or in the epithelial barriers of the eye compartments. It is unlikely that the increases in passive transport of glucose into the eye compartments involve only changes in vascular permeability. This is reasoned from the fact that the formation and composition of the aqueous and vitreous fluids appears to be regulated by tight barriers of epithelium. At the blood–aqueous barrier, the double layered ciliary epithelium and tight junctions of the unpigmented layer block passive movement of molecules, including glucose. Although the epithelial tissues bordering on the aqueous do not completely envelop the aqueous, they do provide a major protective barrier. On the other hand, the vascular input to aqueous secretion is derived from capillaries at the ciliary process, but these capillaries are well-fenestrated allowing free, passive movement and, therefore, it is unlikely that they would contribute to further increase aqueous barrier permeability. In the case of the iris, however, the barrier between the blood vessels in the stroma and the aqueous is achieved by a tight endothelium lining of the capillaries as well as by the restraint provided by the posterior epithelium of the iris. It is conceivable that changes in permeability to glucose could occur in these capillaries and, thereby, contribute to the observed increase in permeability to glucose between blood and the aqueous, but, to date, there is no evidence for this possibility.

Similarly, the retinal pigment epithelium regulates the environment of the outer retina and forms a barrier of tight junctions between the fenestrated vessels of the choroid and the retina. Thus, changes in permeability of this epithelial barrier could contribute to the increased permeability of the vitreous barrier. The inner retina also is supplied with vessels with tight junctions and a change in their permeability could possibly be a contributory factor.

The mechanism whereby persistent hyperglycemia may alter cellular function remains unclear. If tissue concentration of glucose exceeds that of the plasma, it could exert an osmotic effect as has been suggested by Kinoshita et al. However, in the diabetic, the retina–plasma ratio of glucose concentration is probably unchanged from the normal, which may argue against an osmotic effect. Another explanation for tissue damage involves increased polyol pathway activity seen in diabetes. The hyperglycemia would be expected to provide more glucose precursor for the polyol pathway, resulting in increased tissue accumulation of lesion glutathione (sorbitol) and a parallel increase in water content as observed in the lens. However, it is not clear at present that the “osmotic theory” fully explains sugar cataractogenesis since a number of other plausible hypotheses have been put forth including the suggestion that decreased availability of NADPH could lead to a limited ability of the lens to dispose of damaging peroxides. Moreover, the decrease in glucose metabolism observed in lens exposed to high carbo-
hydrate concentrations could contribute to alterations
in sodium-dependent water movement across the lens
epithelium.\textsuperscript{13} Despite uncertainty of the mechanism,
our work suggests that early permeability changes tend
to enhance glucose entry into the ocular compartments
and expose intraocular tissues to damaging high glucose
concentrations.

Another possible mechanism for the altered per-
meability may involve nonenzymatic glycosylation,
which has been shown to occur in vivo in a variety of
proteins including hemoglobin, red cell membrane
protein, collagen, lens crystallin, serum proteins and
nerve myelin.\textsuperscript{14}

Facilitated transport of glucose also appears to show
changes in the diabetic animals, although these are
more difficult to interpret. There are several factors
that influence the measurement of transport of (\textsuperscript{3}H)
3-O-methylglucose. Since the tracer uses the same
transport system as endogenous D-glucose, it will be
affected by the prevailing plasma glucose concentration.
Indeed, as we have reported previously,\textsuperscript{1} increasing
plasma glucose levels in normal rats by glucose infusion
decreased the rate of transport of 3-O-methylglucose
to about 60\% of control level. The observed decrease
in tracer transport in the diabetic rats reported here
may have a similar explanation.

Another complication in the measurement of fa-
cilitated transport is the extent of contribution of the
passive movement of glucose. We presume that an
increase in passive movement or permeability to glu-
cose also would increase transport of 3-O-methylglu-
cose. Since we made independent measurements of
glucose permeability, using (\textsuperscript{14}C)-L-glucose, we can
subtract these rates from those obtained using 3-O-
methylglucose and obtain a more reliable measure of
facilitated transport. Such values are represented in
Figures 1 and 2 by the solid lines.

Facilitated transport of glucose, total or corrected,
is shown to decrease immediately upon induction of
diabetes, and this result is attributed to the hypergly-
cemia and saturation of the transport system. In the
10–40-day period, facilitated transport is seen to rise
somewhat. This may be due, in part, to the concom-
itant rise in passive transport. With time, 3-O-meth-
ylglucose decline to initial diabetic values and
upon subtracting the passive transport, the cor-
corrected facilitated transport is lower than at the onset
of diabetes. This finding is viewed as suggestive of a
decline in carrier facilitated transport in long-term di-
abetes. Nevertheless, since plasma glucose concentra-
tion, which is the driving force for glucose entry, is
more than three times normal as early as 1 day post-
streptozotocin, the mass rate of glucose entry is still
significantly elevated and a small loss in carrier function
will have little consequence in determining intraocular
At the preceding discussion has emphasized
the possible role of hyperglycemia and increased per-
meability to glucose as contributing to the compli-
cations of long-term diabetes, other factors may also
play a role, such as changes in the vasculature,\textsuperscript{15–17}
with particular emphasis on thickening of the basement
membrane.\textsuperscript{18–20} Such thickening in small blood
vessels\textsuperscript{21,22} and kidneys\textsuperscript{23,24} is well documented, and
this finding has been associated with increased perme-
ability. Basement membrane thickening in diabetics
is generally a slow process and is a major factor in the
microangiopathy of kidney, but it is uncertain if it has
much influence on the function of other organs.\textsuperscript{25} Pres-
umably, the increase in permeability seen in the pres-
cent study can lead eventually to basement membrane
abnormalities and altered membrane transport func-
tions. It is of interest that in the tissues most affected
in chronic diabetes, eg, nervous tissue, kidney, blood
vessels, transport of glucose is not dependent on in-
sulin\textsuperscript{25} and, thus, may be influenced largely by the
prevailing plasma glucose.\textsuperscript{21,26}

Regulation of glucose transport in the eye and a
possible role of insulin in this process is still unsettled.\textsuperscript{27}
The early studies by Ross\textsuperscript{28,29} and Harris\textsuperscript{30} proposed
an effect of insulin on glucose transport in the lens,
but others\textsuperscript{31,32} have questioned these findings. The
present study shows that the carrier facilitated glucose
transport is decreased in the long-term diabetic animal.
Since the magnitude of this defect is greater at the
later stage of the diabetes than in the early stage, it
would appear that it is not directly related to the lack
of insulin. Thus, the role played by insulin in glucose
transport in the eye, if any, requires better substan-
tiation than has been available thus far.

Key words: glucose transport in eye, diabetic rats, facilitated
Glucose transport, passive glucose transport

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